

Fourth Sunday after Epiphany

February 1, 2026

Welcome!

We delight in having guests and are glad that you have joined us today.

First Lutheran Church

6 Eddy Street
Waltham, MA 02453-7753
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firstlutheranwaltham.org

Follow us on Facebook at
First Lutheran Church - Waltham, MA

The Rev. Thomas E. Maehl, Pastor
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Ms. Cynthia Niiler,
Director of Music & Parish Secretary
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Vicar Trevor Boe, Intern
firstlutheranwalthamvicar@gmail.com

Today's Worship Leaders

Pastor

Tom Maehl

Vicar

Trevor Boe

Musician

Cynthia Niiler

Assistant Minister

LuAnn Kimker

Acolyte

Kalyse Black

Lector

Pat Clem

Ushers

Sarah & Milena Rauhut

A/V

Hazel Maehl

Altar Care

Ann Sjodin

Counters

Joan Clemens
Bill Meaney

Prelude

Welcome and Announcements

GATHERING IN GOD'S PRESENCE

The congregation is invited to stand

Confession and Forgiveness

Blessed be the holy Trinity,  one God,
the Creator of heaven and earth,
the Word who spoke life into being,
the Wind stirring the waters.

Amen.

Let us turn in confession to the one who knows us completely.

Silence is kept for reflection.

Mighty God, lover of justice,
you call us to life in community,
but we have served our own interests
at the expense of our neighbors.

We have sown deceit where honesty was needed.

We say the right words,
but our hearts are far from you.

Turn us to seek your face.

Knit us together and give us the mind of Christ,
that we may do justice, love mercy,
and walk humbly with you, our God.

Amen.

The former things have passed away,
and new things God now declares:
Like a spring of water that never fails,
God covers you in the righteousness of Christ,
and forgives your sin in  Jesus' name.
May the Spirit give you strength to live for others,
and bless you with the gift of peace.

Amen.

Gathering Hymn: "Oh, Praise the Gracious Power"



1 Oh, praise the gra - cious pow'r that tum - bles walls of fear
2 Oh, praise per - sis - tent truth that o - pens fist - ed minds
3 Oh, praise in - clu - sive love, en - cir - cling ev - 'ry race,
4 Oh, praise the word of faith that claims us as God's own,
5 Oh, praise the tide of grace that laps at ev - 'ry shore



and gath - ers in one house of faith all strang - ers far and near:
and eas - es from their anx - ious clutch the prej - u - dice that blinds:
ob - liv - i - ous to gen - der, wealth, to so - cial rank or place:
a liv - ing tem - ple built on Christ, our rock and cor - ner - stone:
with vi - sions of a world at peace, no lon - ger bled by war:

Refrain



We praise you, Christ! Your cross has made us one!

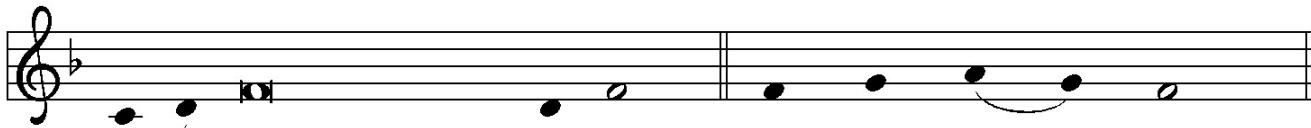
6 Oh, praise the pow'r, the truth,
the love, the word, the tide.
Yet more than these, oh, praise their source,
praise Christ the crucified: *Refrain*

7 Oh, praise the living Christ
with faith's bright songful voice!
Announce the gospel to the world
and with these words rejoice: *Refrain*

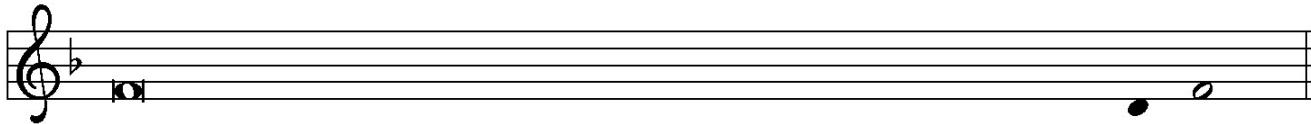
Greeting

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

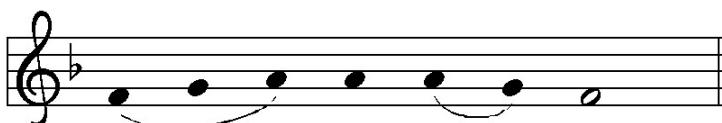
Kyrie



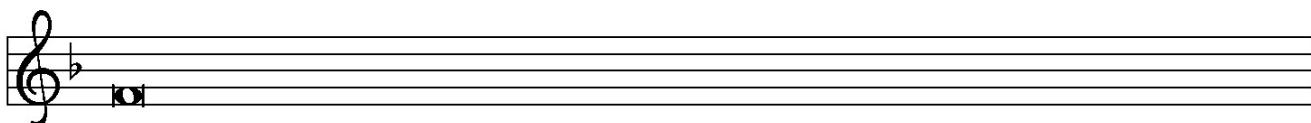
In peace, let us pray to the Lord. Lord, have mer - cy.



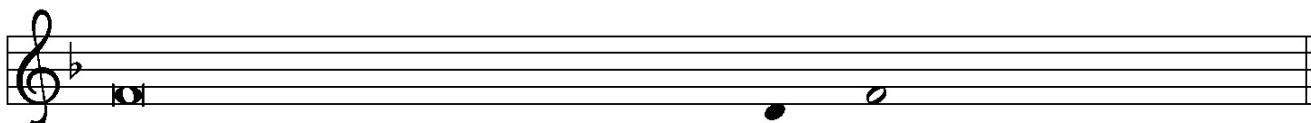
For the peace from above, and for our salvation, let us pray to the Lord.



Lord, have mer - cy.



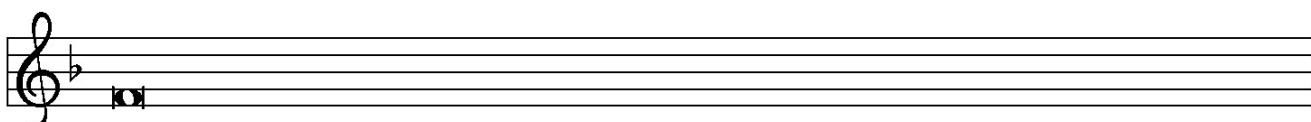
For the peace of the whole world, for the well-being of the church of God,



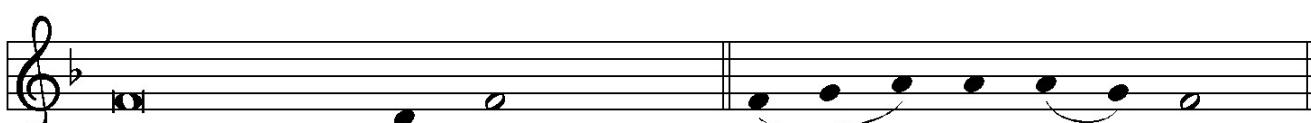
and for the unity of all, let us pray to the Lord.



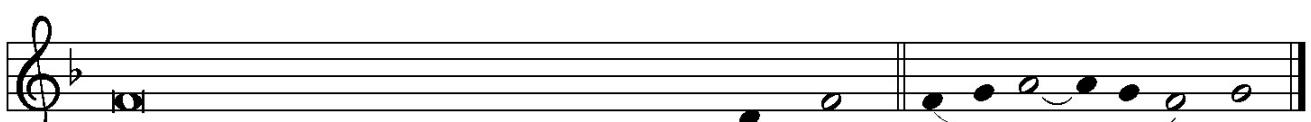
Lord, have mer - cy.



For this holy house, and for all who offer here their worship and praise,



let us pray to the Lord. Lord, have mer - cy.



Help, save, comfort, and defend us, gra - cious Lord. A - men.

Canticle of Praise: "Glory to God"

Assisting minister



Glory to God in the highest, and peace to God's people on earth.

All



Lord God, heavenly King, almighty God and Father,



we worship you, we give you thanks, we praise you for your glory.



Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,



you take away the sin of the world: have mercy on us;



you are seated at the right hand of the Father: receive our prayer.



For you alone are the Holy One, you alone are the Lord,



you alone are the Most High, Jesus Christ, with the Holy Spirit,



in the glory of God the Father. Amen.

Prayer of the Day

Holy God, you confound the world's wisdom in giving your kingdom to the lowly and the pure in heart. Give us such a hunger and thirst for justice, and perseverance in striving for peace, that in our words and deeds the world may see the life of your Son, Jesus Christ, our Savior and Lord. **Amen.**

HEARING GOD'S WORD

The congregation is seated

First Reading: Micah 6:1-8

¹ Hear what the LORD says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

² Hear, you mountains, the case of the LORD,
and you enduring foundations of the earth,
for the LORD has a case against his people,
and he will contend with Israel.

³ "O my people, what have I done to you?
In what have I wearied you? Answer me!

⁴ For I brought you up from the land of Egypt
and redeemed you from the house of slavery,
and I sent before you Moses,
Aaron, and Miriam.

⁵ O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the LORD."

⁶ "With what shall I come before the LORD
and bow myself before God on high?

Shall I come before him with burnt offerings,
with calves a year old?

⁷ Will the LORD be pleased with thousands of rams,
with ten thousands of rivers of oil?

Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?"

⁸ He has told you, O mortal, what is good,
and what does the LORD require of you
but to do justice and to love kindness
and to walk humbly with your God?

The word of the Lord.

Thanks be to God.

Psalm: Psalm 15

Refrain:

LORD, who may a - bide up - on your ho - ly hill?

Tone:

Refrain

¹ LORD, who may dwell in your ¹ tabernacle?

Who may abide upon your ¹ holy hill?

² **Those who lead a blameless life and do ¹ what is right,
who speak the truth ¹ from their heart;**

Refrain

³ they do not slander with the tongue, they do no evil ¹ to their friends;
they do not cast discredit up- ¹ on a neighbor.

⁴ **In their sight the wicked are rejected, but they honor those who ¹ fear the LORD.
They have sworn upon their health and do not take ¹ back their word.**

⁵ They do not give their money in hope of gain, nor do they take bribes a- ¹ gainst the innocent.
Those who do these things shall never be ¹ overthrown.

Refrain

Second Reading: 1 Corinthians 1:18-31

¹⁸ The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. ¹⁹ For it is written,
“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

²⁰ Where is the one who is wise? Where is the scholar? Where is the debater of this age? Has not God made foolish the wisdom of the world? ²¹ For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of the proclamation, to save those who believe. ²² For Jews ask for signs and Greeks desire wisdom, ²³ but we proclaim Christ crucified, a stumbling block to Jews and foolishness to gentiles, ²⁴ but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. ²⁵ For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

²⁶ Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. ²⁷ But God chose what is foolish in

the world to shame the wise; God chose what is weak in the world to shame the strong;²⁸ God chose what is low and despised in the world, things that are not, to abolish things that are,²⁹ so that no one might boast in the presence of God.³⁰ In contrast, God is why you are in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption,³¹ in order that, as it is written, “Let the one who boasts, boast in the Lord.”

The word of the Lord.

Thanks be to God

The congregation is invited to stand

Gospel Acclamation

Al - le - lu - ia. Lord, to whom shall we go? You have the
words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.

Gospel: Matthew 4:12-23

The holy gospel according to Matthew.

Glory to you, O Lord

¹ When Jesus saw the crowds, he went up the mountain, and after he sat down, his disciples came to him. ² And he began to speak and taught them, saying:

³ “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

⁴ “Blessed are those who mourn, for they will be comforted.

⁵ “Blessed are the meek, for they will inherit the earth.

⁶ “Blessed are those who hunger and thirst for righteousness, for they will be filled.

⁷ “Blessed are the merciful, for they will receive mercy.

⁸ “Blessed are the pure in heart, for they will see God.

⁹ “Blessed are the peacemakers, for they will be called children of God.

¹⁰ “Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

¹¹ “Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. ¹² Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

The gospel of the Lord.

Praise to you, O Christ.

The congregation is seated

Children's Sermon

Sermon

RESPONDING TO GOD'S WORD

The congregation is invited to stand

Hymn of the Day: "Build a Longer Table"



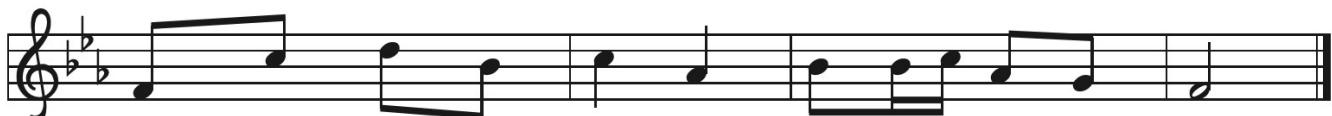
1 Build a long - er ta - ble, not a high - er wall,
2 Build a saf - er ref - uge, not a larg - er jail;
3 Build a broad - er door - way, not a long - er fence.
4 When we lived as ex - iles, ref - u - gees a - broad,



feed - ing those who hun - ger, mak - ing room for all.
where the weak find shel - ter, mer - cy will not fail.
Love pro - tects all peo - ple, spar - ing no ex - pense.
Christ be - came our door - way to the reign of God.



Feast - ing to - geth - er, strang - er turns to friend,
For an - y place where jus - tice is de - nied,
When we em - brace com - pas - sion more than fear,
So must our ta - bles wel - come those who roam.



Christ breaks walls to piec - es; false di - vi - sions end.
Christ will breach the jail wall, free - ing all in - side.
Christ tears down our fenc - es: all are wel-come here.
None can be ex - clud - ed; all must find a home.

Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of Intercession:

Response: Merciful God,
receive our prayer.

The Peace

The peace of Christ be with you always.
And also with you.

The congregation is seated

Offering is Gathered

Musical Offering: "What Does the Lord Require?"

Eric Nelson

Prayer Concerns

New: Clinton Braganza (friend of Steve Hoff)

Members of our First Lutheran Community: Glow, Bethany, and Roland Adams; Joyce Anderson; Jen Biter; Ardeith Froeberg; June Jahrling; Erika Jerram; Lovequist/ Shread family; Kathryn McCowan; Don & Britta McNemar; Kerry Meaney; Cynthia Niiler; Joan Niiler, Stacey Reed; Karson Sprague; Valarie Waters.

Friends and Family: Rhona Chen; Emily Dallman; Evan DaRos; Sheila Dumbrowik; Lisa Fugger; Jay Higham; Josh Kalisa; Sylvia & Chris Lee-Thompson; Nathan Maehl; Pappas family; Roland Pesch; Rachel and sons; Frank Raymond; Lynn Rehart; Brian Schmitz; Roger & Margie Schroeder; Fay Sieving; Wilson Viertel; Chip Weinkauf; Jim Wroe; Marlys Yu.

For our partners: Santuario Luterano, the Spanish speaking Lutheran congregation in Waltham. For other organizations we actively support: the Waltham Family School, the Waltham Community Day Center, Chaplains on the Way, WATCH, Camp Calumet, and ELCA World Hunger.



Another way to collect the morning offering.

Our church provides both spiritual, physical and emotional nourishment for all who attend in person and online. **We invite you to consider donating** to support the mission of our church, as we work to support programs in the church, in the community, and for the online community.

You can make your morning offering through credit card by scanning the code to the right.

The congregation is invited to stand

Congregational Offertory



Cre - ate in me a clean heart, O God, and re - new a right
spir - it with - in me. Cast me not a-way from your pres - ence, and take
not your Ho - ly Spir - it from me. Re - store to me the joy of
your sal - va - tion, and up - hold me with your free Spir - it.

Offering Prayer

God of majesty,
no eye has seen, no ear has heard
what you have prepared for those who love you,
yet in this meal you reveal the wideness of your mercy.
Use what we have gathered
to feed us with the reign of God come near,
Jesus Christ, our Savior and Lord.
Amen.

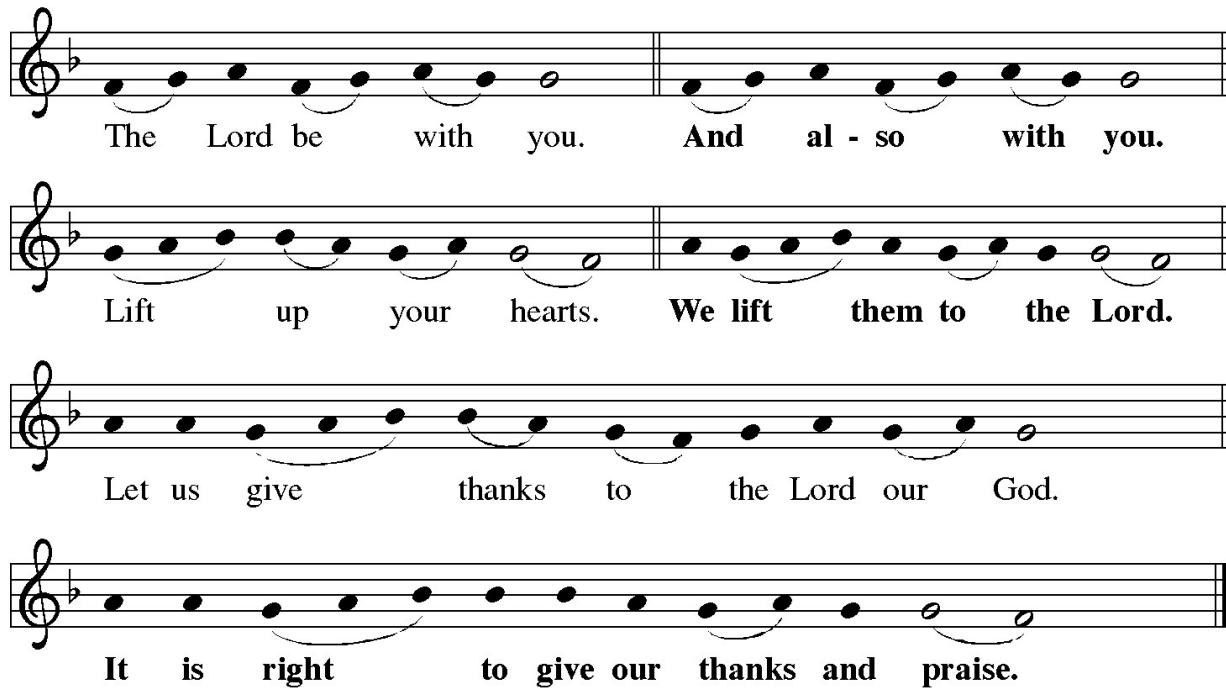
About Communion

We believe that Jesus Christ is present in the bread and wine we share and therefore he is the host of the meal. *In his name, we welcome all who desire to commune.*

- An usher will direct you to come forward, and you may either kneel or stand at the altar rail.
- *Bread:* The pastor will place bread in your hands, which you may then consume. We have *gluten free bread available*; indicate to the pastor/vicar if that is your preference.
- *Wine/Juice:* the assistant will then offer a tray of individual glasses (juice in the center ring). The acolyte will follow with a tray for empty glasses. Also, you may skip the wine altogether trusting that Christ is fully present in the bread.
- Children and adults who do not yet commune are welcome to come to the altar for a blessing.
- If walking is difficult for you, please inform an usher, then stay in your pew and the pastor will come to you.

SHARING THE LORD'S SUPPER

The Great Thanksgiving



The Lord be with you. And also with you.

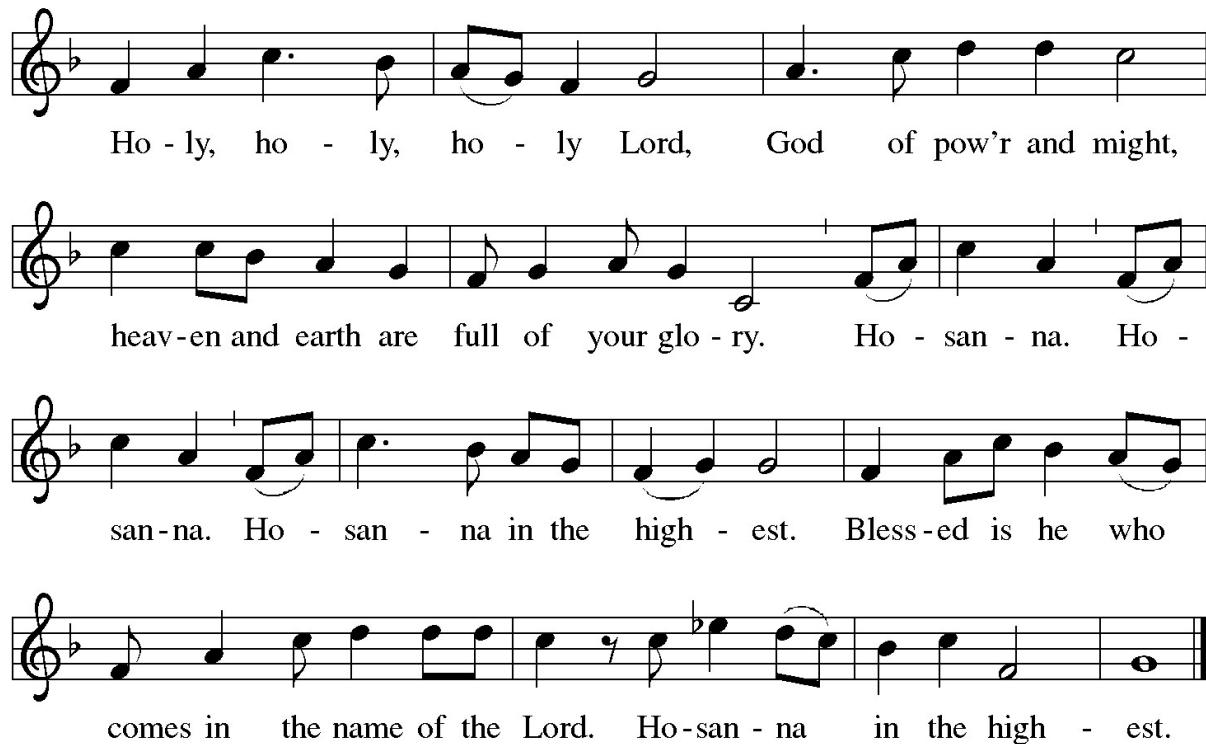
Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy ...
we praise your name and join their unending hymn:

Holy, Holy, Holy



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,

heav-en and earth are full of your glo - ry. Ho - san - na. Ho -

san - na. Ho - san - na in the high - est. Bless - ed is he who

comes in the name of the Lord. Ho - san - na in the high - est.

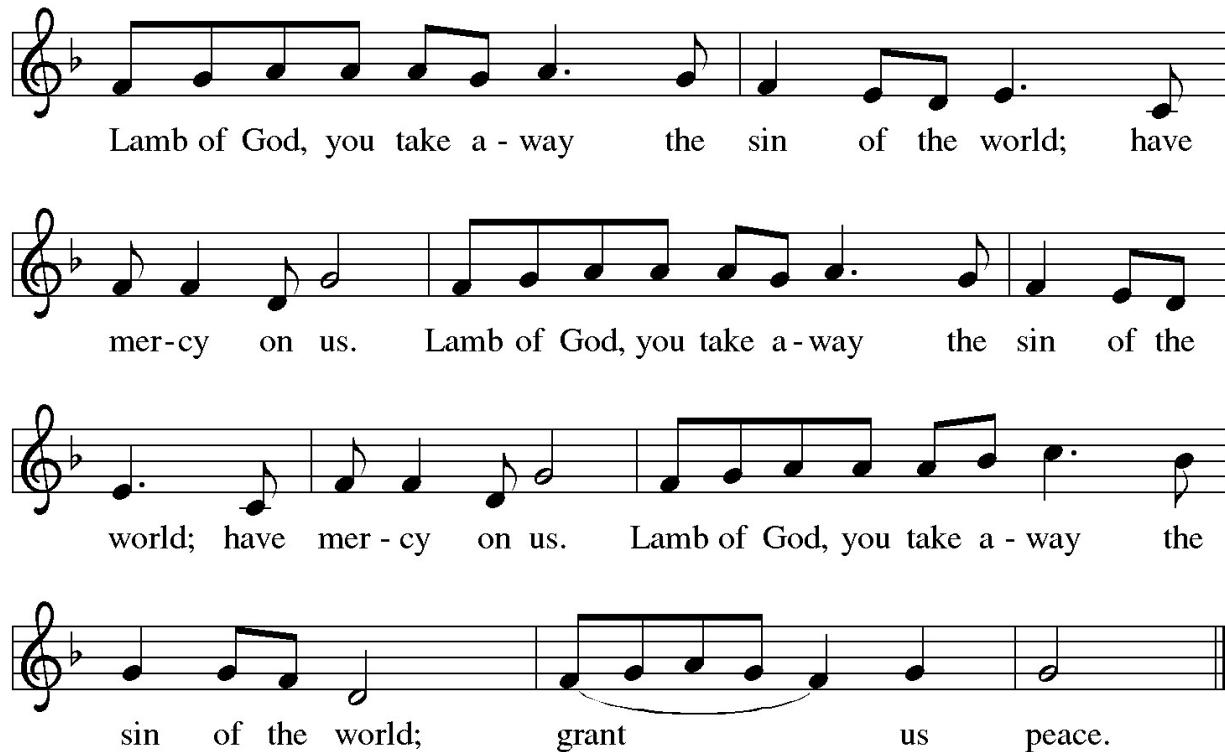
Eucharistic Prayer

Lord's Prayer

Our Father in heaven,
hallowed be your name,
our kingdom come,
our will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

The congregation is seated

Lamb of God



Lamb of God, you take a - way the sin of the world; have
mer-cy on us. Lamb of God, you take a-way the sin of the
world; have mer - cy on us. Lamb of God, you take a - way the
sin of the world; grant us peace.

Distribution of Communion

"Blest Are They"

Leader or All



1. Blest are they, the poor in spirit; theirs is the
2. Blest are they, the lowly ones; . . . they shall in -
3. Blest are they . . . who show mercy; mer - cy
4. Blest are they . . . who seek peace; . . . they are the
5. Blest are you who suf - fer hate, . . . all . . . be -

king - dom of God. Blest are they, who
her - it the earth. Blest are they, who
shall . . . be theirs. Blest are they, who
chil - dren of God. Blest are they, who
cause . . . of me. Re - joice, be glad,

full of sor - row; they shall be con - soled.
 hun - ger and thirst; they shall have their fill.
 pure of heart; they . . . shall see God.
 suf - fer in faith; the glo - ry of God is theirs.
 yours is the king - dom; shine for all to see.

Refrain
All

Re - joice and be glad!

Bless - ed are you, ho - ly are you!

Re - joice and be glad!

Yours is the king - dom of God!

"As the Grains of Wheat"

Refrain

As the grains of wheat once scat - tered on the hill were
gath - ered in - to one to be - come our bread; so may all your peo - ple from
all the ends of earth be gath - ered in - to one in you.

1 As this cup of bless - ing is shared with - in our midst,
2 Let this be a fore - taste of all that is to come when

Refrain

may we share the pres - ence of your love.
all cre - a - tion shares this feast with you.

The congregation is invited to stand

Post-Communion Prayer

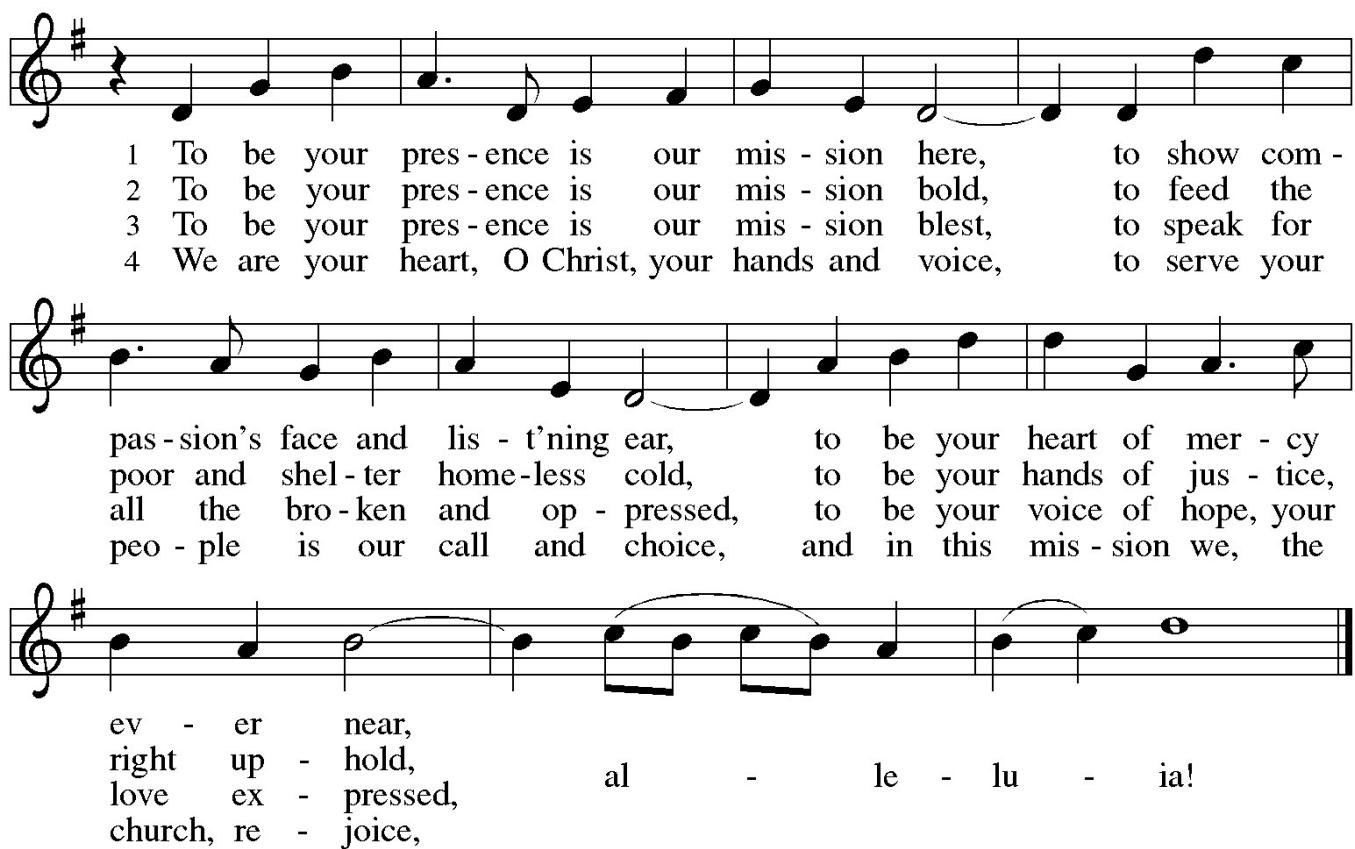
Radiant God,
we have seen your glory in the face of Jesus Christ.
In the sacrament of his body and blood you have drawn us to your heart.
Send us from this table with delight,
that our lives may reflect the beauty of your love,
and bear witness to all we have seen and heard,
through Jesus Christ, our Savior and Lord.

Amen.

SENDING

Benediction

Sending Hymn: "To Be Your Presence"



1 To be your presence is our mission here, to show com-
2 To be your presence is our mission bold, to feed the
3 To be your presence is our mission blest, to speak for
4 We are your heart, O Christ, your hands and voice, to serve your

pas-sion's face and lis-t'ning ear, to be your heart of mer-cy
poor and shel-ter home-less cold, to be your hands of jus-tice,
all the bro-ken and op-pressed, to be your voice of hope, your
peo-ple is our call and choice, and in this mis-sion we, the

ev-er near,
right up - hold,
love ex - pressed,
church, re - joice,
al - le - lu - ia!

Dismissal

Go in peace. Do justice. Love mercy.

Thanks be to God.

Postlude

Announcements

Join us after worship next Sunday for food, fellowship, and the second episode of "The Week," a three-part series the Justice and Service team is facilitating to discuss the climate crisis. This second episode seeks to open a discussion about hope and what solutions to the many environmental crises would look like. If you are wanting to know more about what is coming and discuss what we can do about it, please join us.

Adult Forums: During January and February we are discussing the saga of Joseph as recorded in Genesis chapters 37-50. Adult Forum meets from 9:15 to 10:15 in the Pearson Room.

Winter Retreat to Camp Calumet—Sign up by February 8: Our annual retreat for the entire congregation is scheduled for **Feb. 20-22 at Camp Calumet**, located 2 ½ hours north on Lake Ossipee in Freedom, NH. We have spots reserved for 70 people and hope members and friends of all ages will come. The retreat begins after dinner on Friday and ends after lunch on Sunday. ***Sign up today in the Pearson Room - or check the "This Week" for an online link!***

Food Donations: Our Blessing Box/mini food pantry is being heavily used. Donations of non-perishable food are welcome and can be left in the Pearson Room. Canned tuna/chicken/beans/fruit are particularly helpful.

Can you help keep our Blessing Box full? We could also use help keeping the sidewalk box filled with items from the Pearson Room. Check out the This Week email for a sign up. Thank you!

Coffee Hosts Needed! February dates now available! *Sign up to foster community by hosting coffee in the Pearson Room or by using the link in the This Week email. First time hosting? We're happy to provide instruction.*



First Lutheran's Welcome Statement:

Walking together in God's love, we rejoice in the diversity of God's wonderfully made children. We celebrate lesbian, gay, bisexual, transgender, queer, intersex, asexual, and non-binary people and all members of our human family regardless of sexual orientation, gender identity and expression, race, ethnicity, age, marital status, physical and mental ability, faith history, economic status, education, family configuration, or immigration status. We renounce the sin of racism and all forms of discrimination. We welcome all to join us in worship, leadership, participation in rites and sacraments of the church, and fellowship on our journey of nurturing faith, doing justice, and serving all.

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“Create in Me a Clean Heart”

Music: Richard W. Hillert, b. 1923 © 1978 *Lutheran Book of Worship*, admin. Augsburg Fortress.

“Oh, Praise the Gracious Power”

Text: Thomas H. Troeger, b. 1945

Music: Carol Doran, b. 1936

Text and music from *New Hymns for the Lectionary*, © 1984 Oxford University Press, Inc.

“Build a Longer Table”

Text: David BJORLIN, b. 1984 © 2018 GIA Publications Inc.

Music: French Carol

“Blest Are They”

Text and music: David Haas, b. 1957 © 1985 GIA Publications Inc.

“As the Grains of Wheat”

Text: Didache, 2nd cent.; Marty Haugen, b. 1950

Music: Marty Haugen

Text and music © 1990 GIA Publications, Inc.

“To Be Your Presence:

Text: Delores Dufner, OSB, b. 1939 © 2000 GIA Publications, Inc.

Music: Charles V. Stanford, 1852-1924

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“What Does the Lord Require?”

Text: Albert F. Bayley, 1901-1984, alt., para. Micah 6:6-8, © 1988 Oxford University Press

Music: Eric Nelson, © 2018 Birnamwood Publications