

Fourth Sunday in Lent

March 15, 2026

Welcome!

We delight in having guests and are glad that you have joined us today.

First Lutheran Church

6 Eddy Street
Waltham, MA 02453-7753
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firstlutheranwaltham.org

Follow us on Facebook at
First Lutheran Church - Waltham, MA

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Ms. Cynthia Niiler,
Director of Music & Parish Secretary
firstlutheranwalthamoffice@gmail.com

Vicar Trevor Boe, Intern
firstlutheranwalthamvicar@gmail.com

Today's Worship Leaders

Pastor

Tom Maehl

Vicar

Trevor Boe

Musician

Cynthia Niiler

Assistant Minister

Emily Codner

Acolyte

Kalyse Black

Lector

Pat Clem

Ushers

Emily & Penelope Codner

A/V

Prakash Pandian

Altar Care

Ann Sjodin

Counters

Meg Maehl

Alan Sieving

Prelude

Welcome and Announcements

GATHERING IN GOD'S PRESENCE

The congregation is invited to stand

Confession and Forgiveness

Blessed be the holy Trinity, ✝ one God,
who forgives all our sin,
whose mercy endures forever.

Amen.

Let us return to God, confessing our sin in the assurance of
God's abiding love.

Silence is kept for reflection.

Compassionate One,
**you are slow to anger and abounding in steadfast love,
but our lives do not always reflect you
and your love for the world.**

**We do not show others the tender compassion
you have shown to us.**

**We do not welcome others with the radical hospitality
you grant to all people.**

**We oppress others,
even though you have set us free again and again.**

We squander the abundant gifts of the earth.

**Transform our lives
and guide us again in the way of the cross.**

Amen.

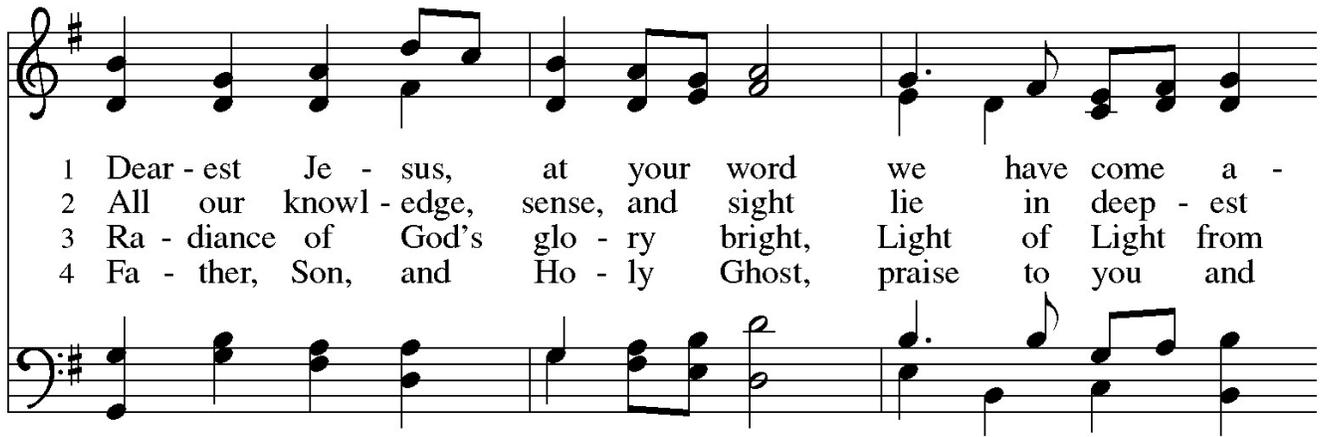
Beloved in Christ,
God's arms are always stretched open wide
to welcome the wandering ones home.

In ✝ Christ your sins are forgiven.

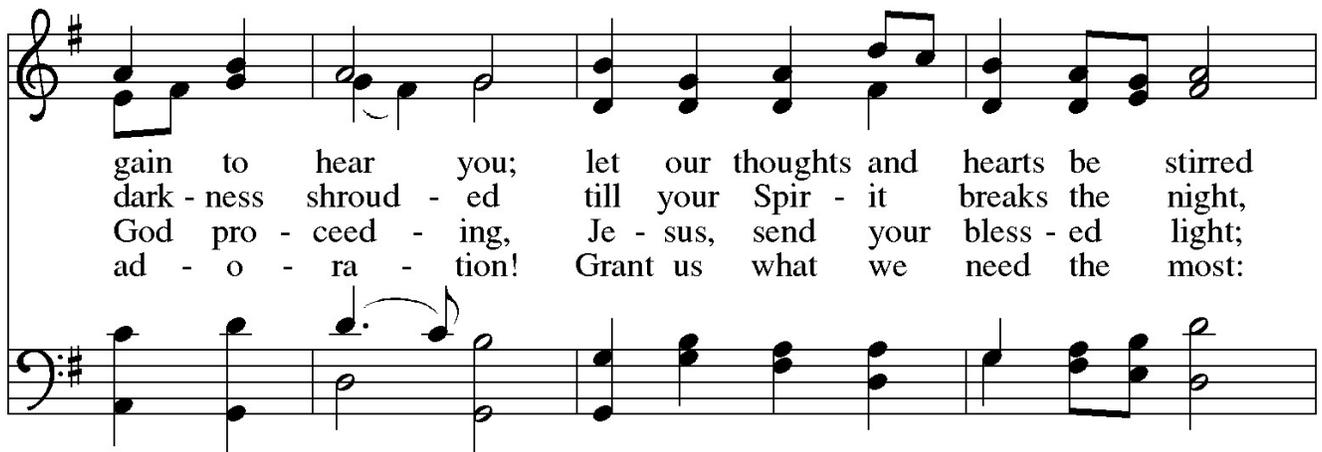
You have a place in God's house forever.

Amen.

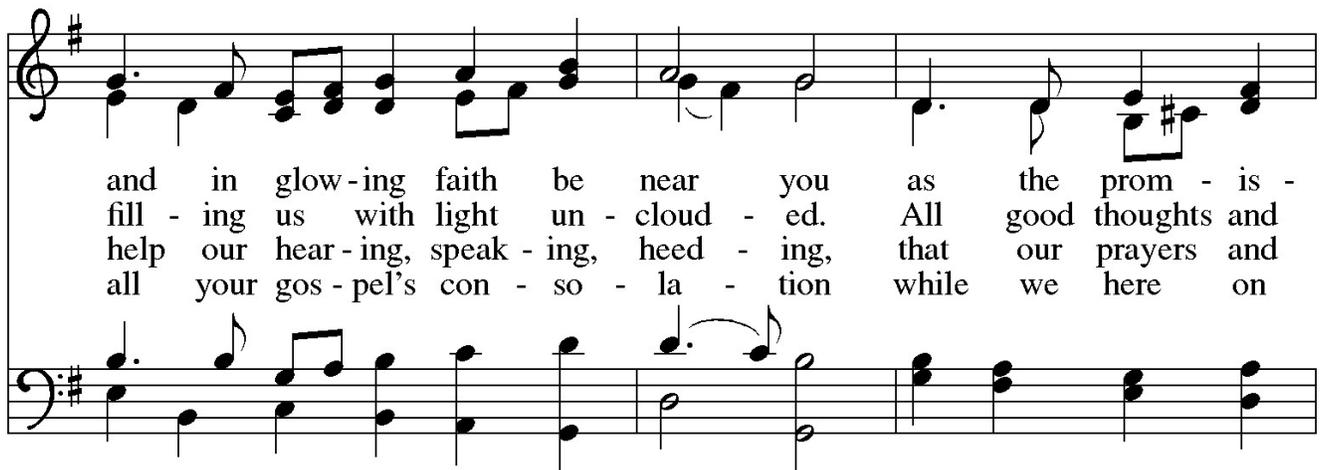
Gathering Hymn: "Dearest Jesus, at Your Word"



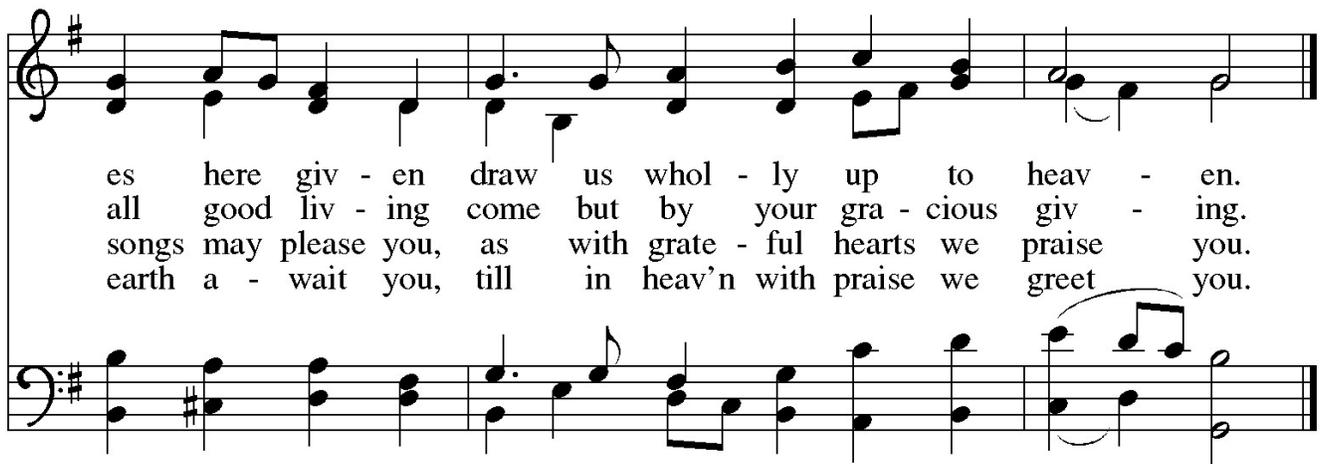
1 Dear - est Je - sus, at your word we have come a -
2 All our knowl - edge, sense, and sight lie in deep - est
3 Ra - diance of God's glo - ry bright, Light of Light from
4 Fa - ther, Son, and Ho - ly Ghost, praise to you and



gain to hear you; let our thoughts and hearts be stirred
dark - ness shroud - ed till your Spir - it breaks the night,
God pro - ceed - ing, Je - sus, send your bless - ed light;
ad - o - ra - tion! Grant us what we need the most:



and in glow - ing faith be near you as the prom - is -
fill - ing us with light un - cloud - ed. All good thoughts and
help our hear - ing, speak - ing, heed - ing, that our prayers and
all your gos - pel's con - so - la - tion while we here on



es here giv - en draw us whol - ly up to heav - en.
all good liv - ing come but by your gra - cious giv - ing.
songs may please you, as with grate - ful hearts we praise you.
earth a - wait you, till in heav'n with praise we greet you.

Greeting

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

Litany for Lent

We begin as printed below, then after the leader sings a short phrase (the wording will vary), the assembly responds, alternating between these two responses. At the end the second response will be repeated.

Leader Assembly
Hold us in your mer - cy. **Hold us in your mer - cy.**

Leader Assembly
Hold us in your mer - cy. **Hold us in your mer - cy.**

Prayer of the Day

Bend your ear to our prayers, Lord Christ, and come among us. By your gracious life and death for us, bring light into the darkness of our hearts, and anoint us with your Spirit, for you live and reign with the Father and the Holy Spirit, one God, now and forever.

Amen.

HEARING GOD'S WORD

The congregation is seated

First Reading: 1 Samuel 16:1-13

¹The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." ²Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you and say, 'I have come to sacrifice to the Lord.'" ³Invite Jesse to the sacrifice, and I will show you what you shall do, and you shall anoint for me the one whom I name to you." ⁴Samuel did what the Lord commanded and came to Bethlehem. The elders of the city came to meet him trembling and said, "Do you come peaceably?" ⁵He said, "Peaceably. I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

⁶When they came, he looked on Eliab and thought, "Surely his anointed is now before the Lord." ⁷But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him, for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." ⁸Then Jesse called Abinadab and made him pass before Samuel. He said, "Neither has the Lord chosen this one." ⁹Then Jesse made Shamah pass by. And he said, "Neither has the Lord chosen this one." ¹⁰Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." ¹¹Samuel

said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him, for we will not sit down until he comes here." ¹² He sent and brought him in. Now he was ruddy and had beautiful eyes and was handsome. The Lord said, "Rise and anoint him, for this is the one." ¹³ Then Samuel took the horn of oil and anointed him in the presence of his brothers, and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

The word of the Lord.

Thanks be to God.

Psalm: Psalm 23

¹ The LORD is my shepherd;
I shall not be in want.

² **The LORD makes me lie down in green pastures
and leads me beside still waters.**

³ You restore my soul, O LORD,
and guide me along right pathways for your name's sake.

⁴ **Though I walk through the valley of the shadow of death, I shall fear no evil;
for you are with me; your rod and your staff, they comfort me.**

⁵ You prepare a table before me in the presence of my enemies;
you anoint my head with oil, and my cup is running over.

⁶ **Surely goodness and mercy shall follow me all the days of my life,
and I will dwell in the house of the LORD forever.**

Second Reading: Ephesians 5:8-14

⁸ Once you were darkness, but now in the Lord you are light. Walk as children of light, ⁹ for the fruit of the light is found in all that is good and right and true. ¹⁰ Try to find out what is pleasing to the Lord. ¹¹ Take no part in the unfruitful works of darkness; rather, expose them. ¹² For it is shameful even to mention what such people do secretly, ¹³ but everything exposed by the light becomes visible, ¹⁴ for everything that becomes visible is light. Therefore it says,

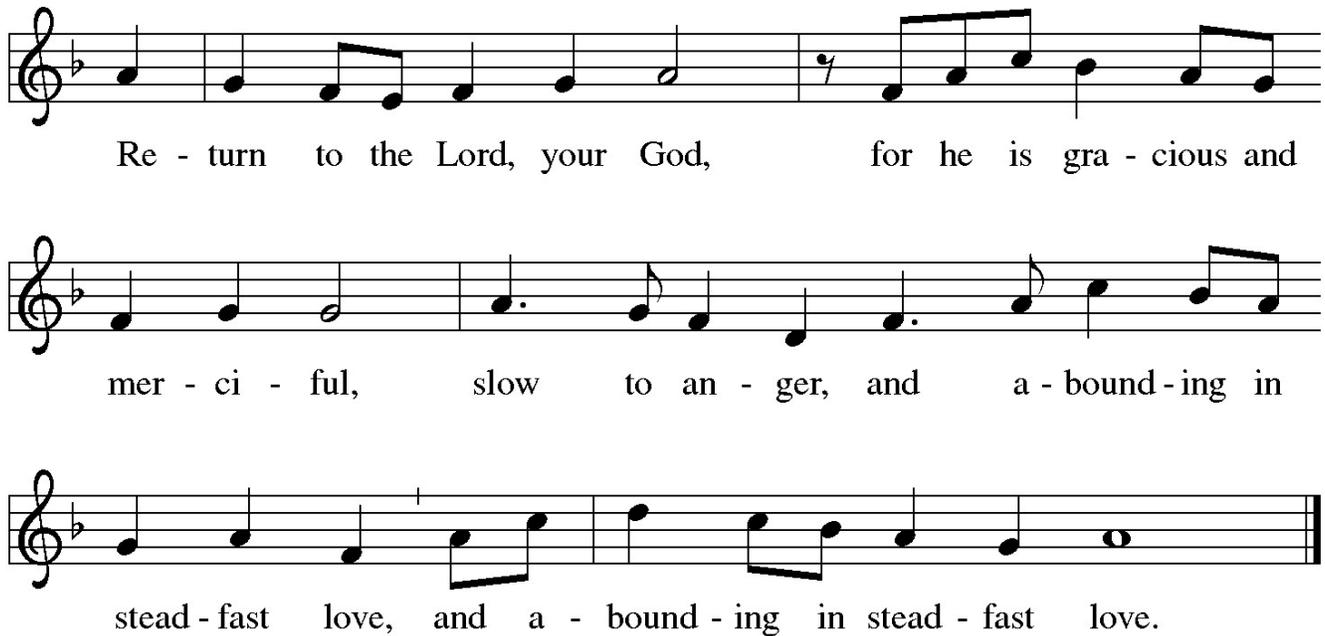
"Sleeper, awake!
Rise from the dead,
and Christ will shine on you."

The word of the Lord.

Thanks be to God

The congregation is invited to stand

Gospel Acclamation



Re - turn to the Lord, your God, for he is gra - cious and
mer - ci - ful, slow to an - ger, and a - bound - ing in
stead - fast love, and a - bound - ing in stead - fast love.

Gospel: John 9:1-41

The holy gospel according to John.

Glory to you, O Lord

¹ As [Jesus] walked along, he saw a man blind from birth. ² His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" ³ Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. ⁴ We must work the works of him who sent me while it is day; night is coming, when no one can work. ⁵ As long as I am in the world, I am the light of the world." ⁶ When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, ⁷ saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. ⁸ The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" ⁹ Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am he." ¹⁰ But they kept asking him, "Then how were your eyes opened?" ¹¹ He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." ¹² They said to him, "Where is he?" He said, "I do not know."

¹³ They brought to the Pharisees the man who had formerly been blind. ¹⁴ Now it was a Sabbath day when Jesus made the mud and opened his eyes. ¹⁵ Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." ¹⁶ Some of the Pharisees said, "This man is not from God, for he does not observe the Sabbath." Others said, "How can a man who is a sinner perform such signs?" And they were divided. ¹⁷ So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet."

¹⁸ The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight ¹⁹ and asked them, "Is this your son, who you say

was born blind? How then does he now see?" ²⁰ His parents answered, "We know that this is our son and that he was born blind, ²¹ but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." ²² His parents said this because they were afraid of the Jews, for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. ²³ Therefore his parents said, "He is of age; ask him."

²⁴ So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." ²⁵ He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." ²⁶ They said to him, "What did he do to you? How did he open your eyes?" ²⁷ He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" ²⁸ Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. ²⁹ We know that God has spoken to Moses, but as for this man, we do not know where he comes from." ³⁰ The man answered, "Here is an astonishing thing! You do not know where he comes from, yet he opened my eyes. ³¹ We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. ³² Never since the world began has it been heard that anyone opened the eyes of a person born blind. ³³ If this man were not from God, he could do nothing." ³⁴ They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out.

³⁵ Jesus heard that they had driven him out, and when he found him he said, "Do you believe in the Son of Man?" ³⁶ He answered, "And who is he, sir? Tell me, so that I may believe in him." ³⁷ Jesus said to him, "You have seen him, and the one speaking with you is he." ³⁸ He said, "Lord, I believe." And he worshiped him. ³⁹ Jesus said, "I came into this world for judgment, so that those who do not see may see and those who do see may become blind." ⁴⁰ Some of the Pharisees who were with him heard this and said to him, "Surely we are not blind, are we?" ⁴¹ Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

The gospel of the Lord.
Praise to you, O Christ.

The congregation is seated

Children's Sermon

Sermon

RESPONDING TO GOD'S WORD

The congregation is invited to stand

Hymn of the Day: "Christ, Be Our Light"



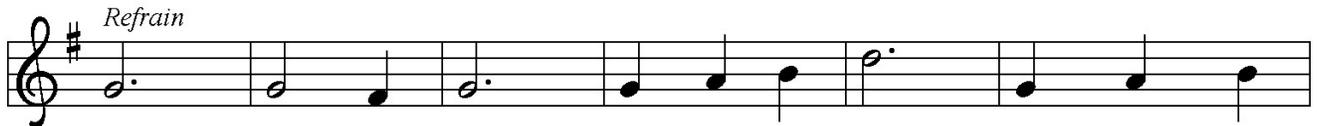
1 Long - ing for light, we wait in dark - ness. Long - ing for
2 Long - ing for peace, our world is trou - bled. Long - ing for
3 Long - ing for food, man - y are hun - gry. Long - ing for
4 Long - ing for shel - ter, man - y are home - less. Long - ing for
5 Man - y the gifts, man - y the peo - ple, man - y the



truth, we turn to you. Make us your own,
hope, man - y de - spair. Your word a - lone
wa - ter, man - y still thirst. Make us your bread,
warmth, man - y are cold. Make us your build - ing,
hearts that yearn to be - long. Let us be ser - vants



your ho - ly peo - ple, light for the world to see.
has pow'r to save us. Make us your liv - ing voice.
bro - ken for oth - ers, shared un - til all are fed.
shel - ter - ing oth - ers, walls made of liv - ing stone.
to one an - oth - er, signs of your king - dom come.



Refrain
Christ, be our light! Shine in our hearts. Shine through the



dark - ness. Christ, be our light! Shine in your



church gath - ered to - day.

Prayer Concerns

Members of our First Lutheran Community: Norm Adams; Glow, Bethany, and Roland Adams; Joyce Anderson; Jen Biter; Ardeith Froeberg; June Jahrling; Erika Jerram; Lovequist/Shread family; Kathryn McCowan; Don & Britta McNemar; Kerry Meaney; Cynthia Niiler; Joan Niiler, Stacey Reed; Karson Sprague; Valarie Waters.

Friends and Family: Clinton Braganza; Rhona Chen; Emily Dallman; Evan DaRos; Sheila Dumbrowik; Lisa Fugger; Jay Higham; Josh Kalisa; Sylvia & Chris Lee-Thompson; Nathan Maehl; Pappas family; Roland Pesch; Rachel and sons; Frank Raymond; Lynn Reihart; Brian Schmitz; Roger & Margie Schroeder; Fay Sieving; Wilson Viertel; Chip Weinkauf; Jim Wroe; Marlys Yu.

For our partners: Santuario Luterano, the Spanish speaking Lutheran congregation in Waltham. For other organizations we actively support: the Waltham Family School, the Waltham Community Day Center, Chaplains on the Way, WATCH, Camp Calumet, and ELCA World Hunger.

Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of Intercession:

Response: Hear us, O God.
Your mercy is great.

The Peace

The peace of Christ be with you always.
And also with you.

The congregation is seated

Offering is Gathered

Musical Offering: "Aria"

G.F. Handel



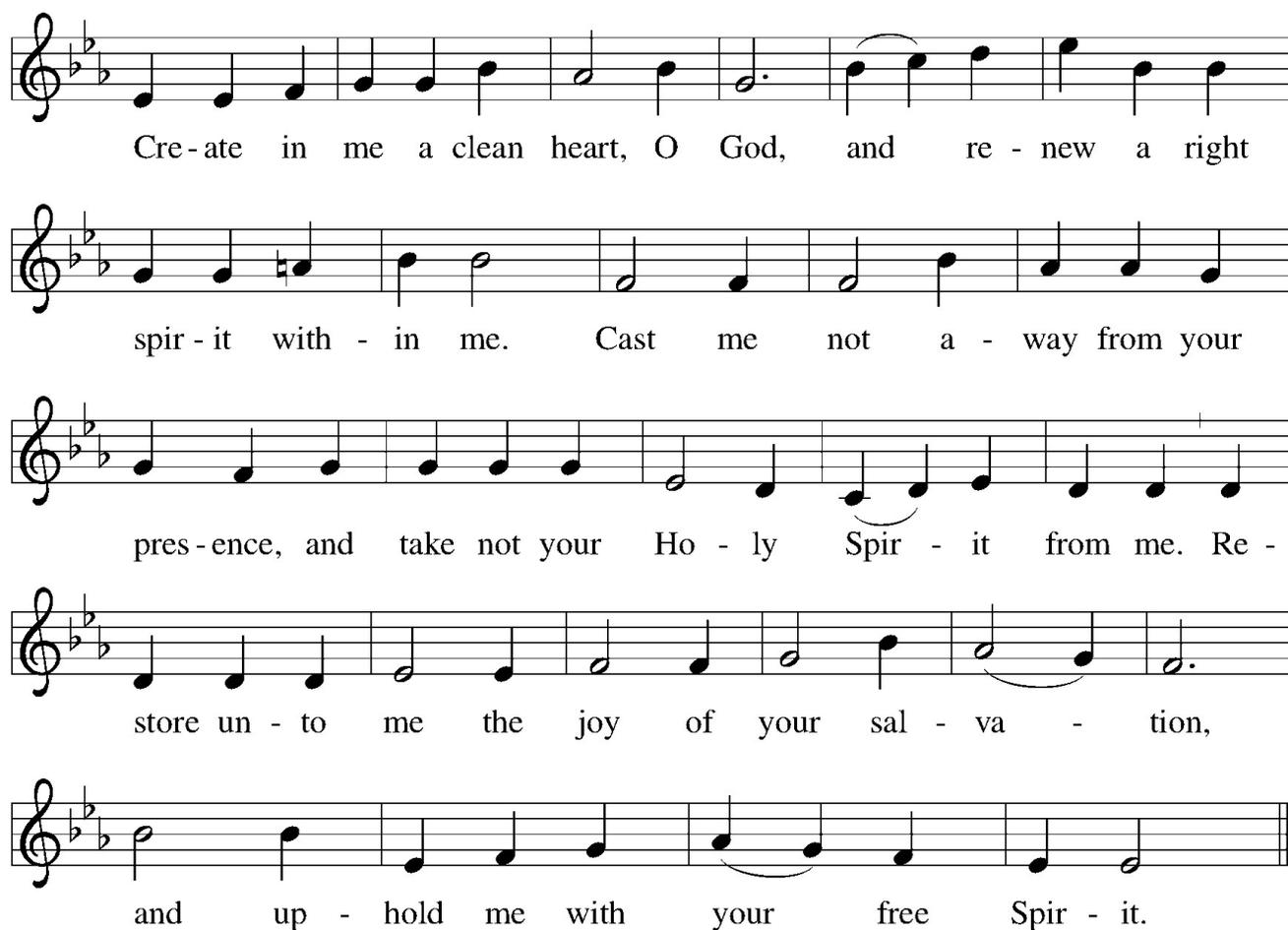
Another way to collect the morning offering.

Our church provides both spiritual, physical and emotional nourishment for all who attend in person and online. **We invite you to consider donating** to support the mission of our church, as we work to support programs in the church, in the community, and for the online community.

You can make your morning offering through credit card by scanning the code to the right.

The congregation is invited to stand

Congregational Offertory



Cre - ate in me a clean heart, O God, and re - new a right
spir - it with - in me. Cast me not a - way from your
pres - ence, and take not your Ho - ly Spir - it from me. Re -
store un - to me the joy of your sal - va - tion,
and up - hold me with your free Spir - it.

Music: J. A. Freylinghausen, 1670–1739

Offering Prayer

Gracious Provider,
you set your immense treasures among us,
opening your heart to the world.
As we prepare to feast on your bountiful love,
deepen our commitment to sharing those treasures with others,
through our Savior, Jesus Christ.

Amen.

SHARING THE LORD'S SUPPER

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

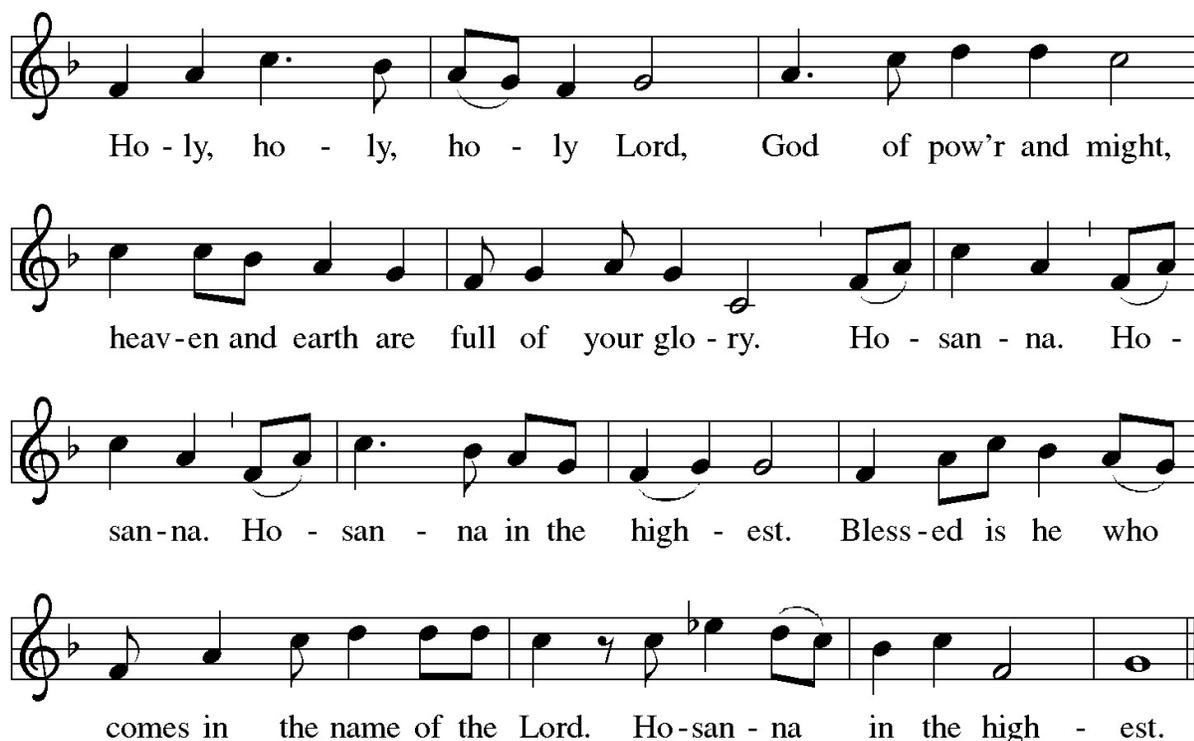
Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy ...

we praise your name and join their unending hymn:

Holy, Holy, Holy



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
heav-en and earth are full of your glo - ry. Ho - san - na. Ho -
san-na. Ho - san - na in the high - est. Bless-ed is he who
comes in the name of the Lord. Ho-san - na in the high - est.

Eucharistic Prayer

Lord's Prayer

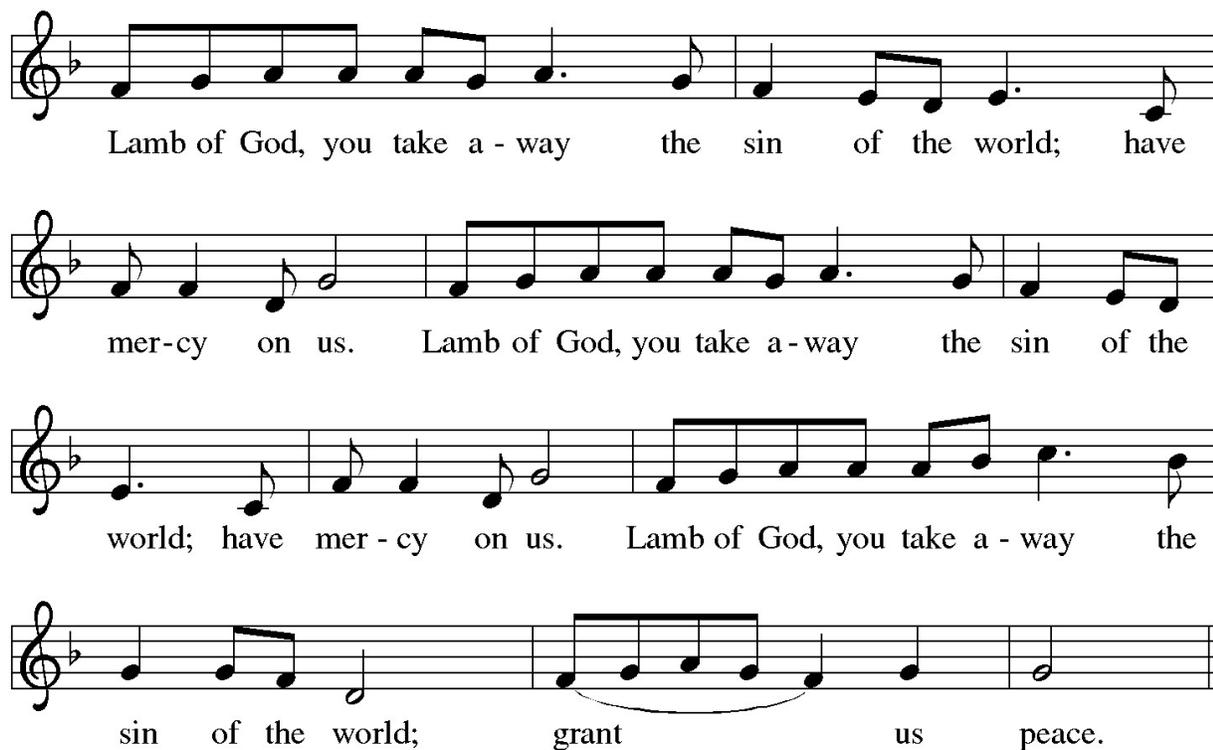
**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;**

and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

The congregation is seated

Lamb of God



Lamb of God, you take a - way the sin of the world; have
mer-cy on us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you take a - way the
sin of the world; grant us peace.



Distribution of Communion

“When We Must Bear Persistent Pain”

1 When we must bear per - sis - tent pain and suf - fer
2 Sup - port us as we learn new ways to care for
3 We thank you for the bet - ter days when we may
4 In ease or pain, in life and death, to you our

with no cure in sight, come, Ho - ly Pres - ence,
bod - ies new - ly frail. Help us en - dure, and
smile to greet the sun, to do your work with
frag - ile lives be - long, and so we trust you

breathe your peace with gifts of warmth and heal - ing light.
live and love. Hear our com - plaint when pa - tience fails.
clear - ing mind, and bless your name when day is done.
in all things. You are our hope, our health, our song.

Many African American Spirituals have a strong theme of the Holy Spirit. Today we sing **There Is a Balm in Gilead** during communion. Eileen Guenther tells us a little about the importance of the Holy Spirit amongst the enslaved people of the U.S.

“The omnipresence of the Holy Spirit in the daily life of the enslaved population enabled them to feel a sense of spiritual liberation and the power of God’s love, even while knowing that they were the property of another human being.”

from *In Their Own Words. Slave Life and the Power of Spirituals.*

"There Is a Balm in Gilead"

Refrain

There is a balm in Gil-e-ad to make the wound-ed whole;

there is a balm in Gil-e-ad to heal the sin-sick soul.

1 Some - times I feel dis - cour - aged and think my work's in vain,
2 If you can - not preach like Pe - ter, if you can - not pray like Paul,
3 Don't ev - er be dis - cour - aged, for Je - sus is your friend;

Refrain

but then the Ho - ly Spir - it re - vives my soul a - gain.
you can tell the love of Je - sus and say, "He died for all."
and if you lack for knowl - edge, he'll ne'er re - fuse to lend.

The congregation is invited to stand

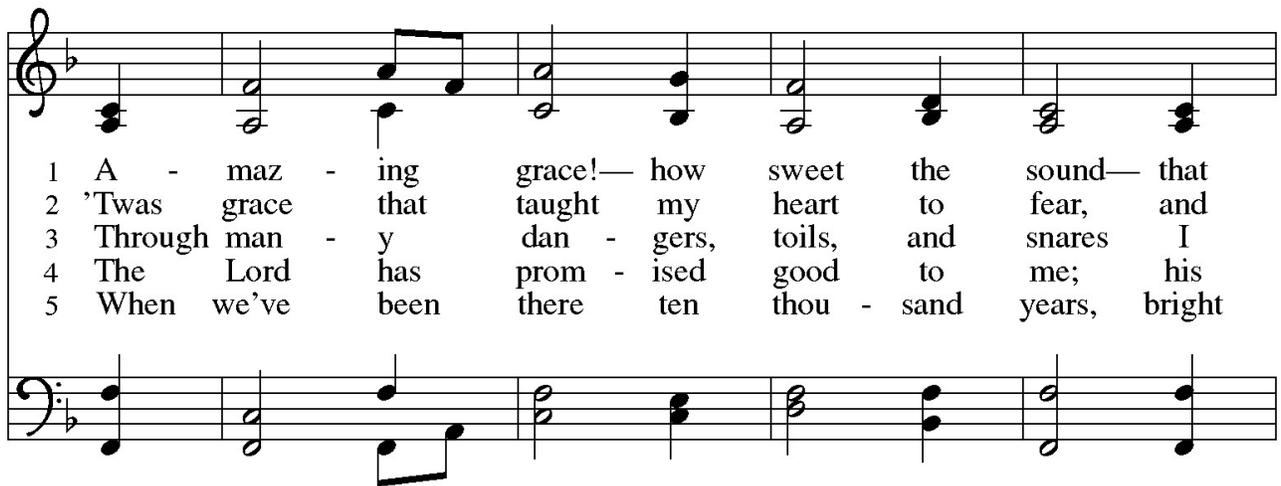
Post-Communion Prayer

God of our salvation,
we give you thanks for this meal that restores our souls,
reconciles us to you, and strengthens us for the journey.
Through the body and blood of your Son,
may we become Christ's body in the world,
bearing witness to your love for all creation,
through Jesus Christ, our Savior and Lord.
Amen.

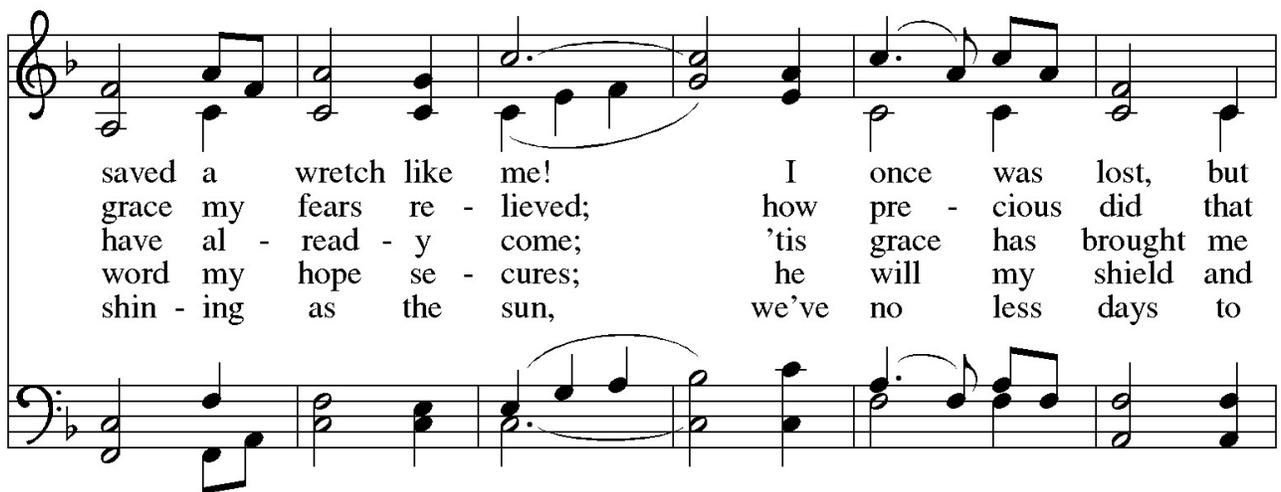
SENDING

Benediction

Sending Hymn: "Amazing Grace"



1 A - maz - ing grace!— how sweet the sound— that
2 'Twas grace that taught my heart to fear, and
3 Through man - y dan - gers, toils, and snares I
4 The Lord has prom - ised good to me; his
5 When we've been there ten thou - sand years, bright



saved a wretch like me! I once was lost, but
grace my fears re - lieved; how pre - cious did that
have al - read - y come; 'tis grace has brought me
word my hope se - cures; he will my shield and
shin - ing as the sun, we've no less days to

now am found; was blind, but now I see.
 grace ap - pear the hour I first be - lieved!
 safe thus far, and grace will lead me home.
 por - tion be as long as life en - dures.
 sing God's praise than when we'd first be - gun.

Dismissal

Go in peace. Believe the good news.

Thanks be to God.

Postlude

Announcements

Lenten Wednesdays

Meals for others—5:15-6:30 pm: We begin each week by preparing food for others.

Each week we are looking for:

- a Meal Prep Coordinator
- several Meal Prep Volunteers
- Meal Drop-Off Volunteers.

We ask that people sign up for the whole shift (5:15 pm - 6:30 pm), but if you are only able to make it for part of the shift, just let us know. **To sign-up you can follow the link in the “This Week” email** and fill out the appropriate information.

Meal, Study and Conversation—6:30 –7:30 –pm: We then will gather to eat (*a simple meal will be provided*), and at 6:45 we will engage in conversation focused on the core aspects of Christian discipleship including: worship, prayer, giving, serving, engaging community, inviting, and working for justice.

Prayer—7:30 pm: We conclude the evening in the sanctuary with members of Santuario Luterano for prayer.

***You are invited to participate in all or any individual part
of our Lenten Wednesdays.***

Coffee Hosts Needed! Can you help foster community by hosting coffee? Sign up in the Pearson Room or by using the link in the This Week email. First time hosting? We’re happy to provide instruction.

Can you help take care of our Blessing Box? We could use help checking the sidewalk box—refilling it with items from the Pearson Room and occasionally emptying out some items. You can find a sign up in our This Week email. Thank you!



First Lutheran's Welcome Statement:

Walking together in God's love, we rejoice in the diversity of God's wonderfully made children. We celebrate lesbian, gay, bisexual, transgender, queer, intersex, asexual, and non-binary people and all members of our human family regardless of sexual orientation, gender identity and expression, race, ethnicity, age, marital status, physical and mental ability, faith history, economic status, education, family configuration, or immigration status. We renounce the sin of racism and all forms of discrimination. We welcome all to join us in worship, leadership, participation in rites and sacraments of the church, and fellowship on our journey of nurturing faith, doing justice, and serving all.

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“Litany for Lent—Hold Us in Your Mercy”

Text: Rory Cooney

Music: Gary Daigle

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“Dearest Jesus, at Your Word”

Text: Tobias Clausnitzer, 1619-1684, sts. 1-3; *Gesangbuch*, Berlin, 1707, st. 4; tr. Catherine Winkworth, 1827-1878, adapt.

Music: Johann R. Ahle, 1625-1673

“Christ, Be Our Light”

Text and Music: Bernadette Farrell, b. 1957 © 1993 Bernadette Farrell, Published by OCP Publications

“When We Must Bear Persistent Pain”

Text: Ruth Duck, b. 1947 © 2005 GIA Publications Inc.

Music: W. Walker, *Southern Harmony*, 1935; arr. David N. Johnson, 1922-1987; arr. © 1968 Augsburg Publishing House, admin. Augsburg Fortress

“There Is a Balm in Gilead”

Text and music: African American spiritual

“Amazing Grace:

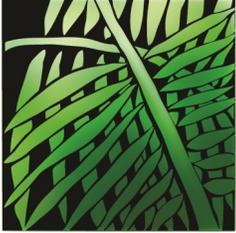
Text: John Newton, 1725-1807, alt. sts. 1-4; anonymous, st.5

Music: W. Walker, *Southern Harmony*, 1835; arr. Edwin O. Excell, 1851-1921, alt.

Holy Week

Join us as we retell, reengage, and celebrate the central story of our Christian faith, the death and resurrection of Jesus Christ.

March 29 - Palm/Passion Sunday



10:30 am Palm Sunday service with the reading of the Passion from Matthew's Gospel.

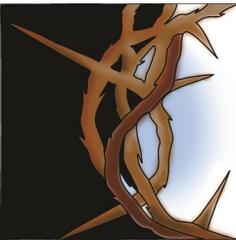
April 2 - Maundy Thursday

11:30 am - An abbreviated service of Holy Communion at the end of Thursday Knitters.

7:30 pm - A service with optional individual absolution, communion, and stripping of the altar for Good Friday.



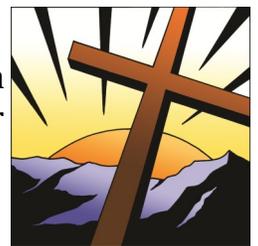
April 3 - Good Friday



7:30 pm
Worship including the reading of Saint John's passion account and the Solemn Reproaches of the Cross.

April 4 - Easter Vigil

7:15 pm *in person only* - We celebrate Christ's Passover from death to life in a worship service that includes an outdoor fire, stories of deliverance, the Easter account, Baptism, and Holy Communion.



April 5 - Easter Sunday

10:30 am - Festive worship with Holy Communion, flowers, bells, choir, and brass.



Potluck Easter Breakfast

9:15 am

Join us on Easter morning for a potluck breakfast.

Sign up online (link in the This Week email) or in the Pearson Room to let us know you can help: setting up, providing food, or cleaning up.