

Eleventh Sunday after Pentecost August 9

Welcome!

We delight in have guests and are glad that you have joined us today.

First Lutheran Church

6 Eddy Street
Waltham, MA 02453-7753
781-893-6563

firstlutheranwaltham.org

Follow us on Facebook at
First Lutheran Church - Waltham, MA

The Rev. Thomas E. Maehl,
Pastor tmaehl@rcn.com

Ms. Cynthia Niiler,
Director of Music
and Parish Secretary
firstlutheranwalthamoffice
@gmail.com

Today's Worship Leaders

Pastor

Rafaela Radcke

Musician

Cynthia Niiler

Assistant Minister

Rachel Nederhoff-Rivera

Acolyte

Jayden Montenegro

Lector

Catherine Sukow

Ushers

Holly & Ezra Diaz

A/V

Hazel Maehl

Altar Care

LuAnn Kimker

Counters

Joan Clemens

Ted Sjodin

Prelude

Welcome and Announcements

GATHERING IN GOD'S PRESENCE

The congregation is invited to stand

Confession and Forgiveness

Blessed be the holy Trinity, one God,
the God of manna, the God of miracles, the God of mercy.
Amen.

Drawn to Christ and seeking God's abundance,
let us confess our sin.

Silence is kept for reflection.

God, our provider,
help us.

It is hard to believe there is enough to share.

**We question your ways when they differ from the ways
of the world in which we live.**

**We turn to our own understanding
rather than trusting in you.**

**We take offense at your teachings and your ways.
Turn us again to you.**

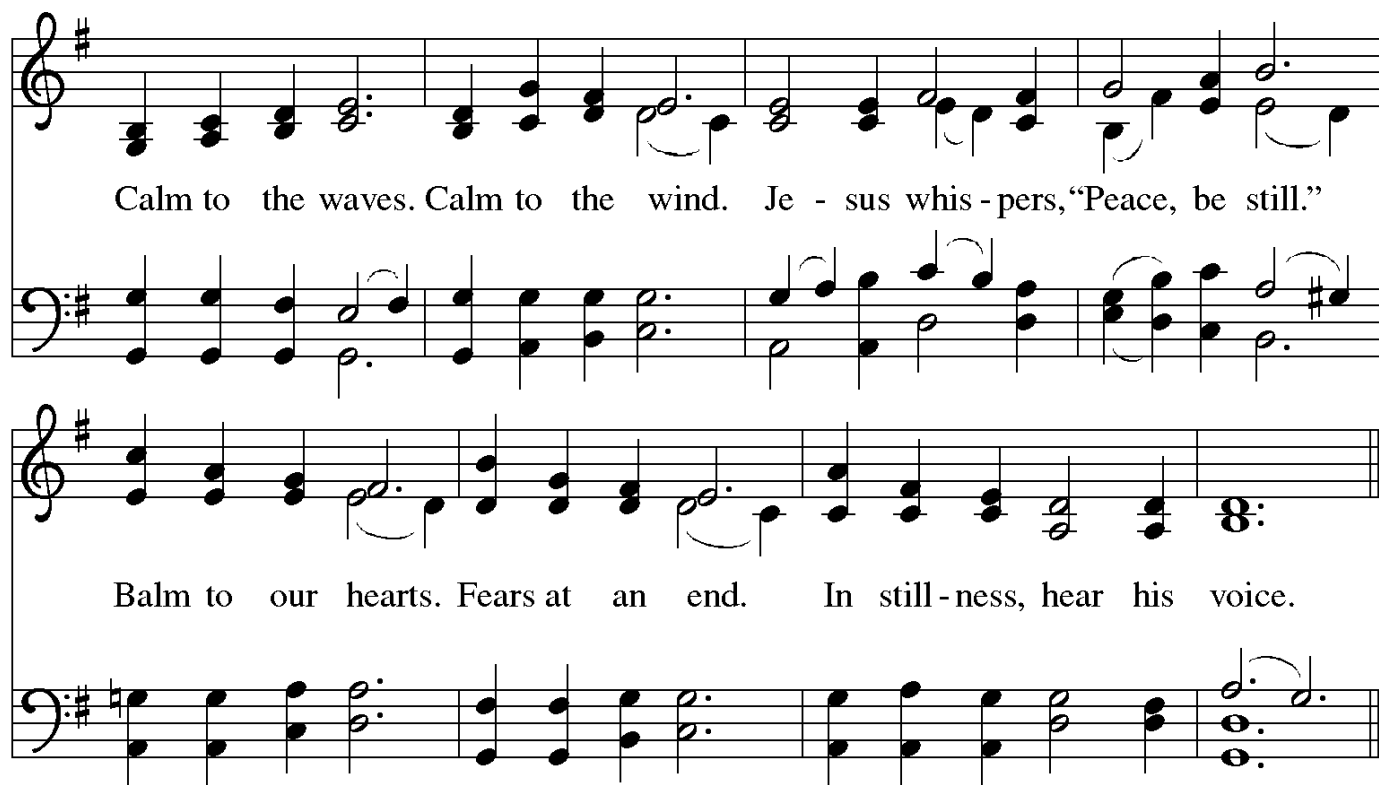
Where else can we turn?

**Share with us the words of eternal life
and feed us for life in the world.**

Amen.

Beloved people of God:
in Jesus, the manna from heaven,
you are fed and nourished.
By Jesus, the worker of miracles,
there is always more than enough.
Through Jesus, the bread of life,
you are shown God's mercy:
you are forgiven and loved into abundant life.
Amen.

Gathering Hymn: "Calm to the Waves"



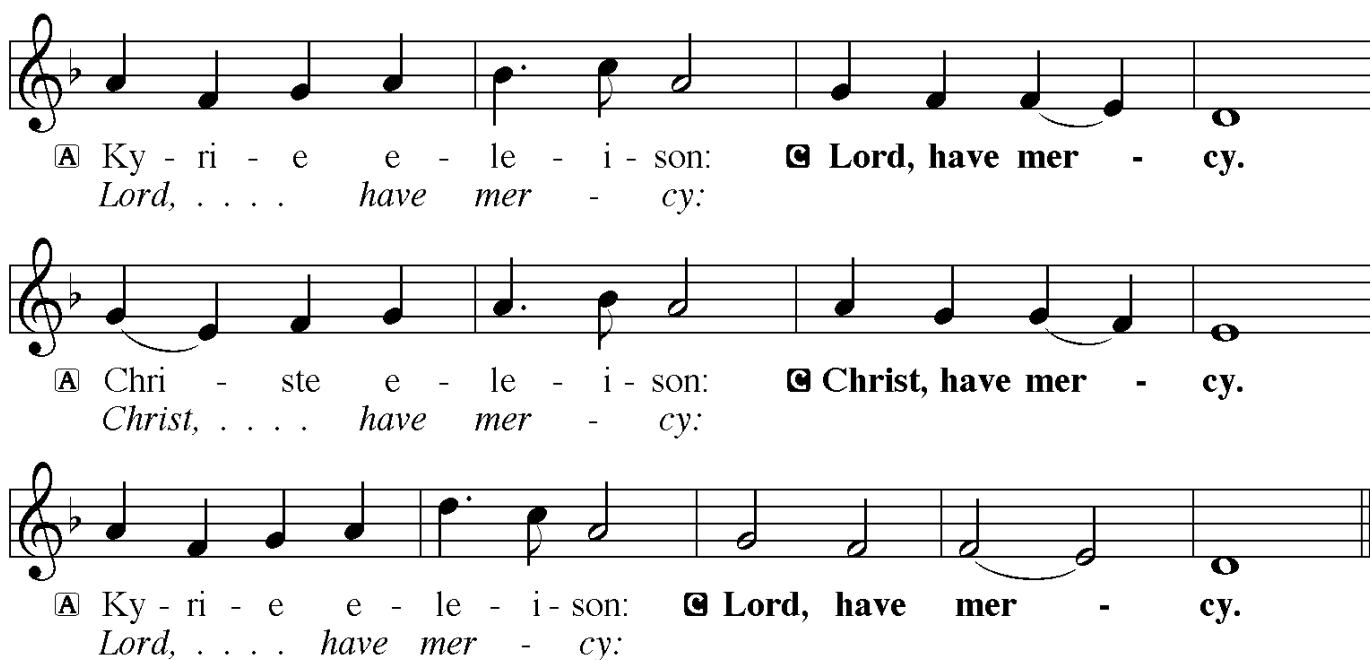
Calm to the waves. Calm to the wind. Je - sus whis - pers, "Peace, be still."

Balm to our hearts. Fears at an end. In still - ness, hear his voice.

Greeting:

The grace of our Lord Jesus Christ, The love of God
and the communion of the Holy Spirit be with you all.
And also with you.

Kyrie



A Ky - ri - e e - le - i - son: **C** Lord, have mer - cy.
Lord, have mer - cy:

A Chri - ste e - le - i - son: **C** Christ, have mer - cy.
Christ, have mer - cy:

A Ky - ri - e e - le - i - son: **C** Lord, have mer - cy.
Lord, have mer - cy:

Hymn of Praise



☐ Glo- ry to God, glo - ry to God, glo - ry to God in the high - est;



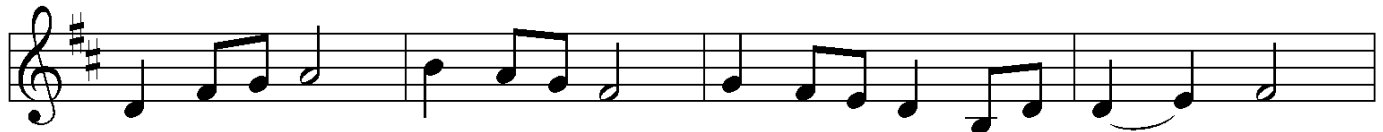
glo- ry to God, glo - ry to God, and peace to God's peo- ple on earth.



☐ Lord God, heav-en - ly king, al- might- y God and Fa- ther, we



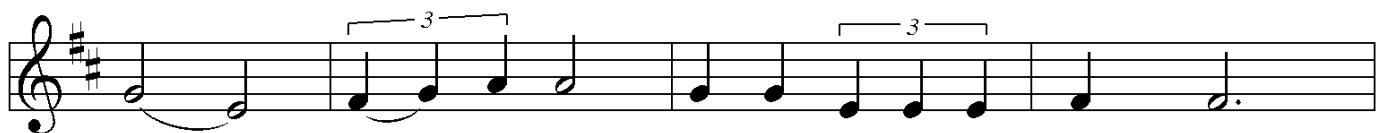
wor-ship you, we give you thanks, we praise you for your glo - ry.



☐ Glo- ry to God, glo - ry to God, glo - ry to God in the high - est;



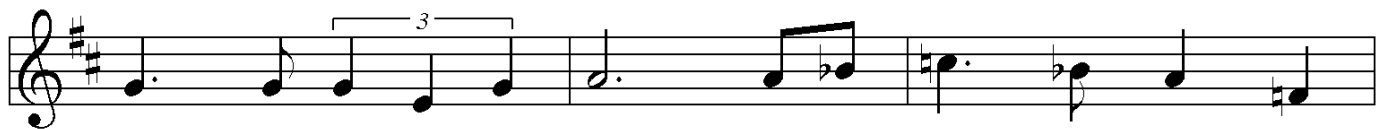
glo- ry to God, glo - ry to God, and peace to God's peo- ple on earth.



☐ Lord Je - sus Christ, on - ly Son of the Fa - ther,



Lord God, Lamb of God, you take a - way the sin of the



world: have mer - cy on us; you are seat - ed at the



right hand of the Fa - ther: re - ceive our prayer.



C Glo - ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo - ple on earth.



I
II For you a - lone are the Ho - ly One, you a - lone are the Lord,



you a - lone are the Most High, Je - sus Christ, with the Ho - ly



Spir - it, in the glo - ry of God the Fa - ther, A - men.



C Glo - ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo - ple on earth,



and peace to God's peo - ple on earth.

The Prayer of the Day

O God our defender, storms rage around and within us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us in the faith of your Son, Jesus Christ, our Savior and Lord.

Amen.

HEARING GOD'S WORD

The congregation is seated

First Reading: 1 Kings 19:9-18

At [Horeb, the mount of God,][Elijah] came to a cave and spent the night there.

Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind, and after the wind an earthquake, but the LORD was not in the earthquake, and after the earthquake a fire, but the LORD was not in the fire, and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the LORD said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel, and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill, and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

The word of the Lord.

Thanks be to God.

Psalm: Psalm 85:8-13

I will listen to what the Lord God is saying;

for you speak peace to your faithful people and to those who turn their hearts to you.

**Truly, your salvation is very near to those who fear you,
that your glory may dwell in our land.**

Steadfast love and faithfulness have met together;
righteousness and peace have kissed each other.

**Faithfulness shall spring up from the earth,
and righteousness shall look down from heaven.**

The Lord will indeed grant prosperity,
and our land will yield its increase.

**Righteousness shall go before the Lord
and shall prepare for God a pathway.**

Second Reading: Romans 10:5-15

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’ ” (that is, to bring Christ down) “or ‘Who will descend into the abyss?’ ” (that is, to bring Christ up from the dead). But what does it say?

“The word is near you,

in your mouth and in your heart”

(that is, the word of faith that we proclaim), because if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart, leading to righteousness, and one confesses with the mouth, leading to salvation. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For “everyone who calls on the name of the Lord shall be saved.”

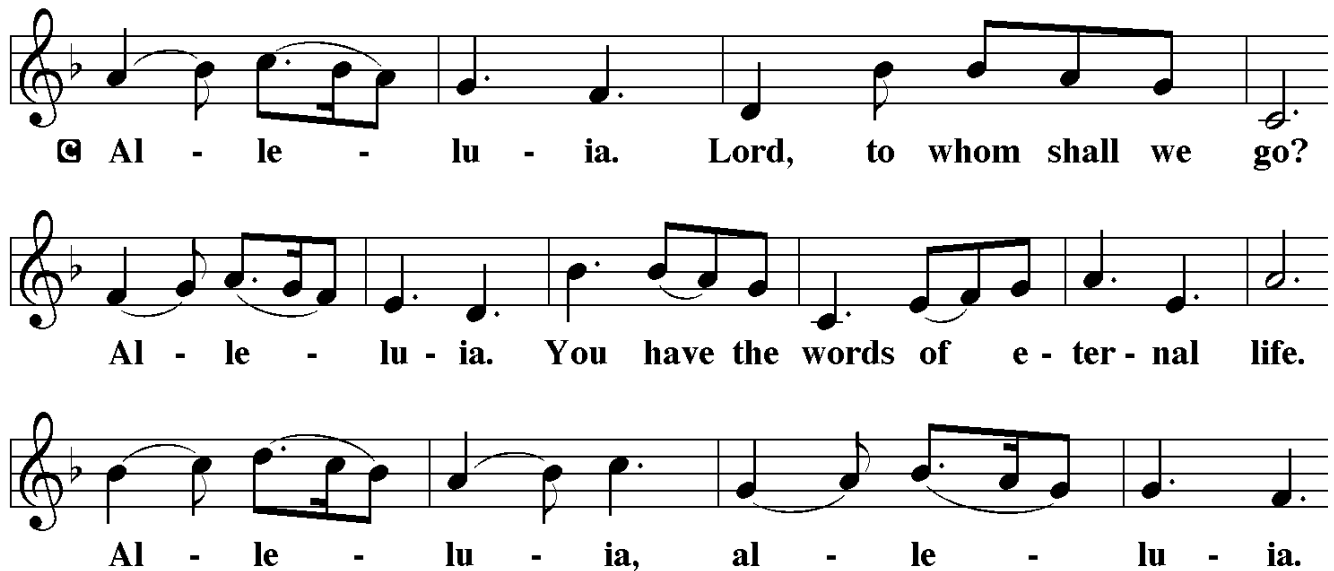
But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

The word of the Lord.

Thanks be to God.

The congregation is invited to stand

Gospel Acclamation



Gospel: Matthew 14:13-21

The holy gospel according to Matthew.

Glory to you, O Lord

Now when Jesus heard [about the beheading of John the Baptist,] he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd, and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven and blessed and broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled, and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The gospel of the Lord.

Praise to you, O Christ.

The congregation is seated

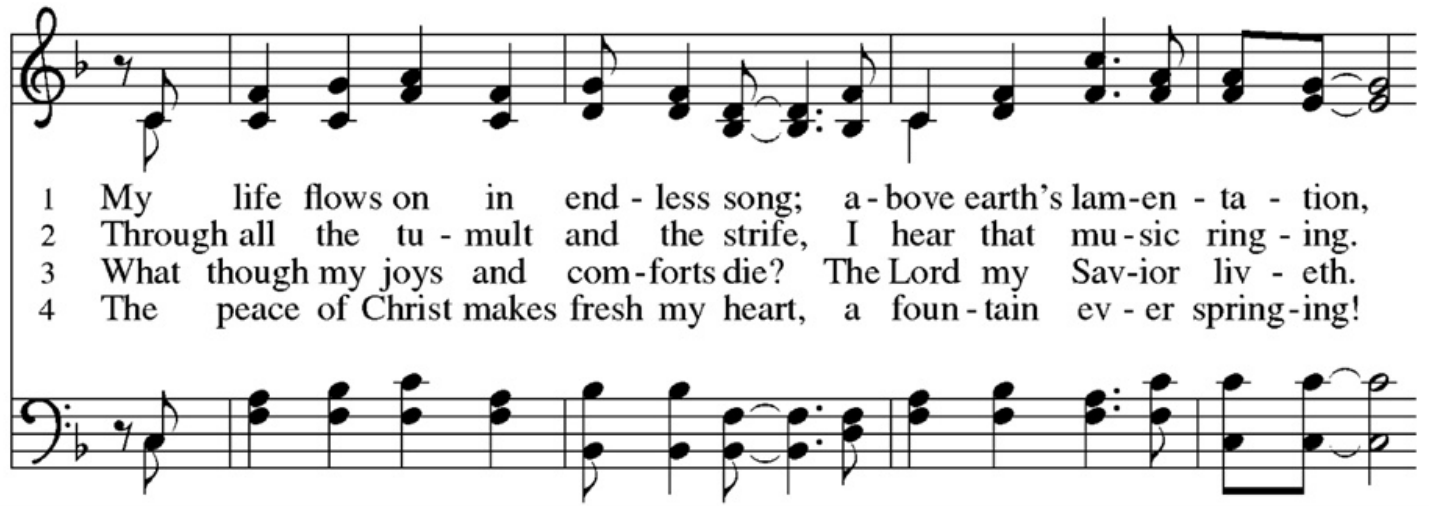
Children's Sermon

Sermon

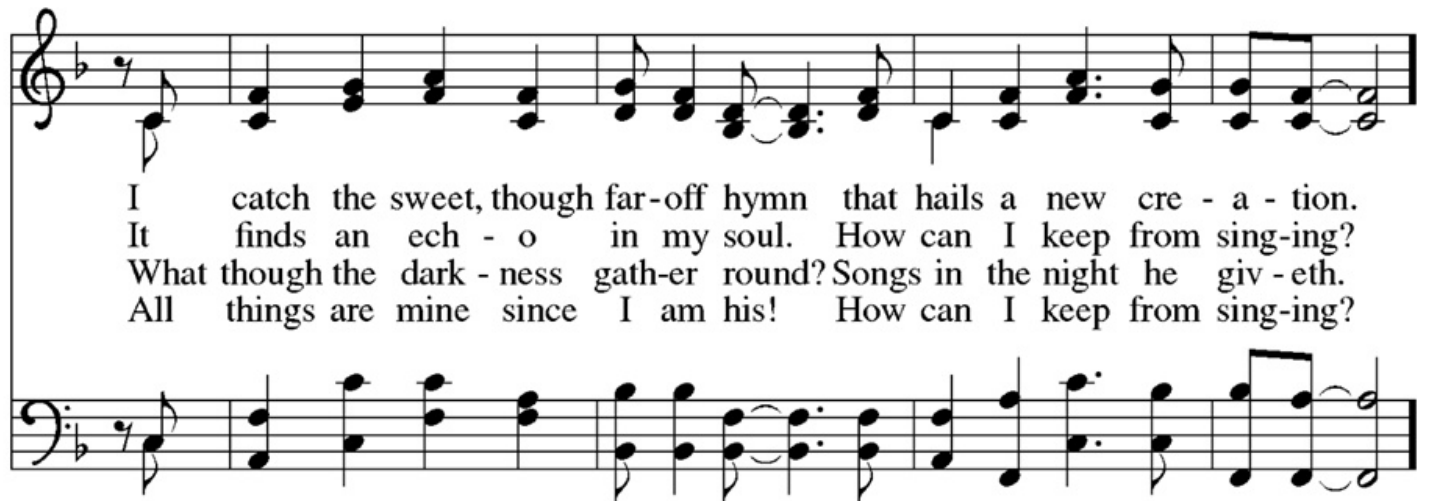
RESPONDING TO GOD'S WORD

The congregation is invited to stand

Hymn of the Day: "My Life Flows On in Endless Song"

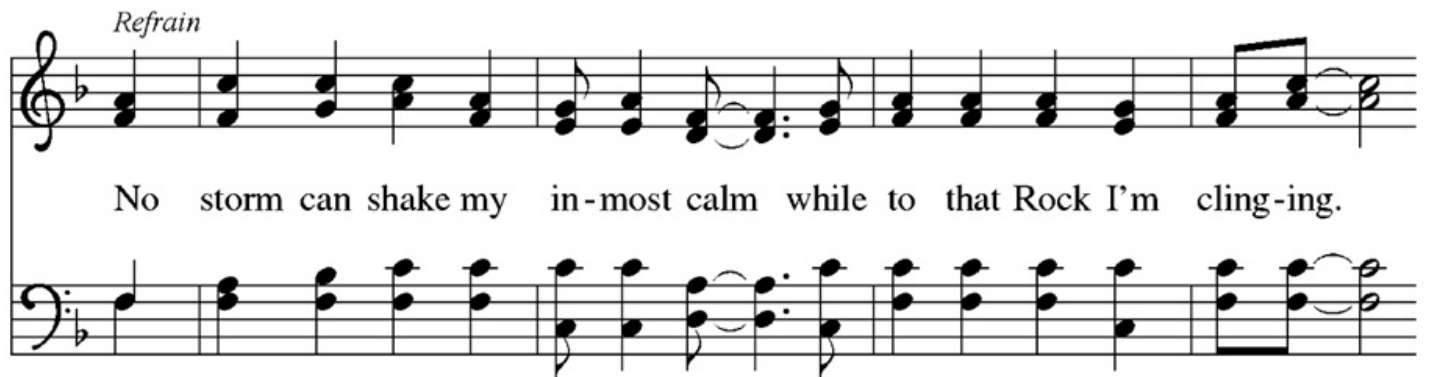


1 My life flows on in end - less song; a - bove earth's lam-en - ta - tion,
2 Through all the tu - mult and the strife, I hear that mu - sic ring - ing.
3 What though my joys and com-forts die? The Lord my Sav-ior liv - eth.
4 The peace of Christ makes fresh my heart, a foun-tain ev - er spring-ing!

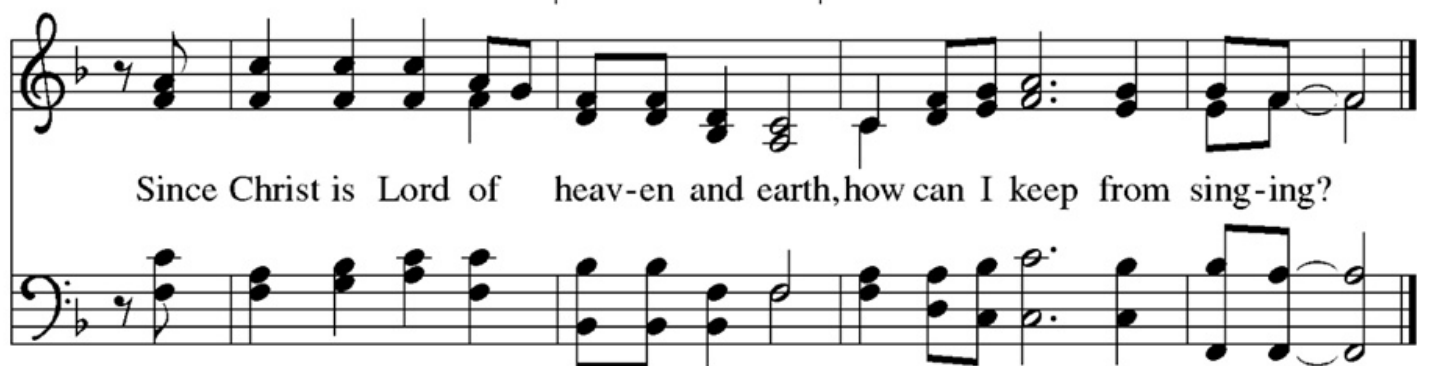


I catch the sweet, though far-off hymn that hails a new cre - a - tion.
It finds an ech - o in my soul. How can I keep from sing-ing?
What though the dark - ness gath-er round? Songs in the night he giv - eth.
All things are mine since I am his! How can I keep from sing-ing?

Refrain



No storm can shake my in-most calm while to that Rock I'm cling-ing.



Since Christ is Lord of heav-en and earth, how can I keep from sing-ing?

Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers of Intercession:

Response: God of grace,
hear our prayer.

The Peace

The peace of Christ be with you always.
And also with you.

The congregation is seated

Offering is Gathered

Musical Offering: "How Beautiful Are the Feet" G. F. Handel
ed. K Lee Scott

Prayer List

New: Mark Lewis (friend of Kat Flinner)

Members of our First Lutheran Community: Glow, Bethany, and Roland Adams; Joyce Anderson; Jen Biter; Ardeith Froeberg; June Jahrling; Erika Jerram; Lovequist/Shread family; Kathryn McCowan; Don & Britta McNemar; Kerry Meaney; Cynthia Niiler; Joan Niiler, Stacey Reed; Karson Sprague; Flavio Vallejos; Valarie Waters.

Friends and Family: Rhona Chen; Emily Dallman; Evan DaRos; Sheila Dumbrowik; Wendy Fournier; Lisa Fugger; Jay Higham; Josh Kalisa; Sylvia & Chris Lee-Thompson; Nathan Maehl; Pappas family; Roland Pesch; Rachel and sons; Lynn Reihart; Bill Sanderson; Brian Schmitz; Roger & Margie Schroeder; JoAnn Shade; Fay Sieving; Betsy Smith; Wilson Viertel; Chip Weinkauff; Jim Wroe; Marlys Yu.

For our partners: Santuario Luterano, the Spanish speaking Lutheran congregation in Waltham. For other organizations we actively support: the Waltham Family School, the Waltham Community Day Center, Chaplains on the Way, WATCH, Camp Calumet, and ELCA World Hunger.

Another way to collect the offering.

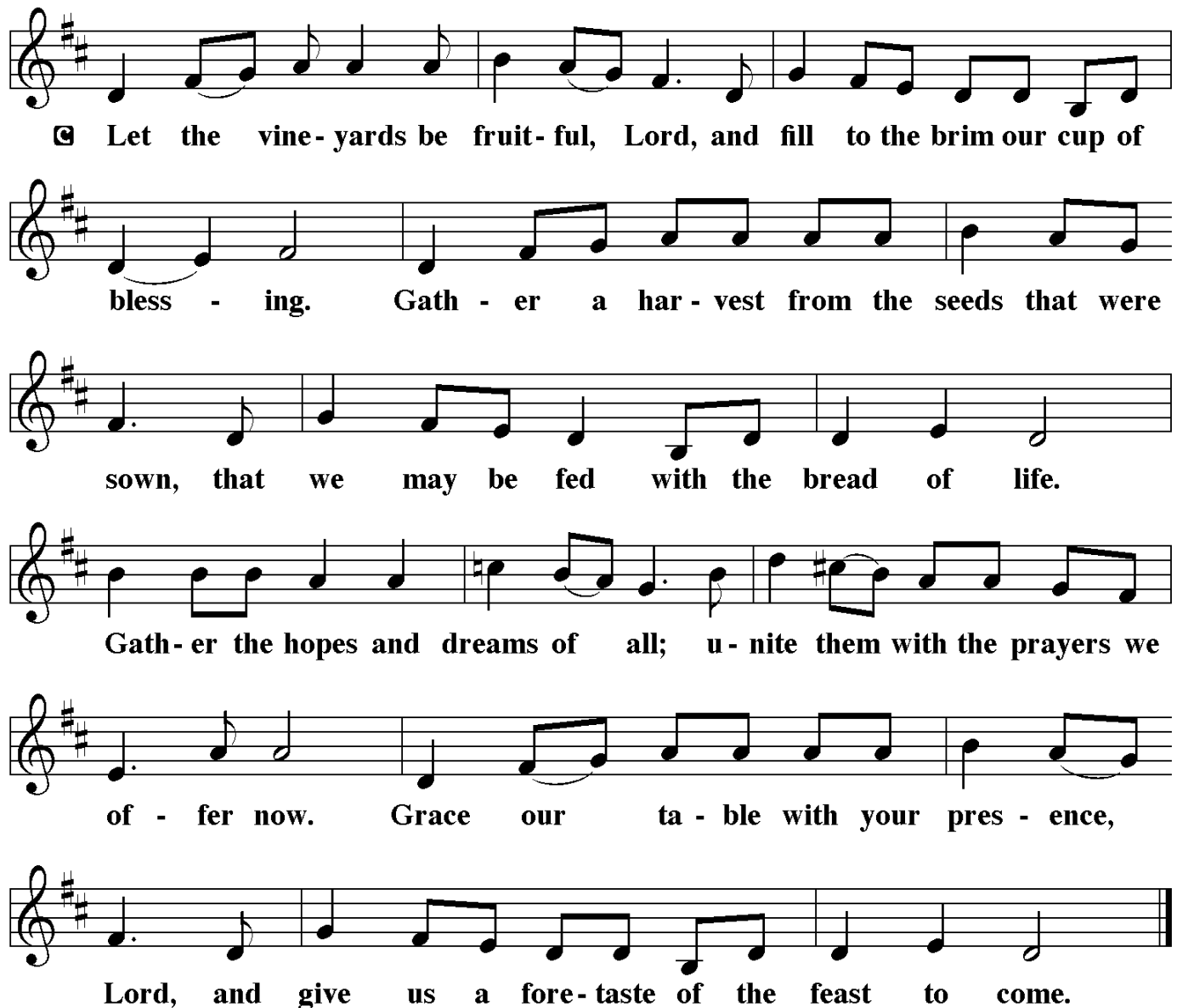
Our church provides both spiritual, physical and emotional nourishment for all who attend in person and online. We invite you to consider donating to support the mission of our church, as we work to support programs in the church, in the community, and for the online community.

To make your offering through credit card, scan the code to the right.



The congregation is invited to stand

Congregational Offertory



Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of
bless - ing. Gath - er a har - vest from the seeds that were
sown, that we may be fed with the bread of life.
Gath - er the hopes and dreams of all; u - nite them with the prayers we
of - fer now. Grace our ta - ble with your pres - ence,
Lord, and give us a fore - taste of the feast to come.

Offering Prayer

Loving God,
we offer at your table the gifts of our hearts.
Help us take heart in you and share freely of your love,
so that all creation can taste your abundance.
We ask this in the name of Jesus,
through the Spirit abiding with us now and forever.
Amen.

About Communion

We believe that Jesus Christ is present in the bread and wine we share and therefore he is the host of the meal. In his name, we welcome all who desire to commune.

- An usher will direct you to come forward, and you may either kneel or stand at the altar rail.
- *Bread*: The pastor will place bread in your hands, which you may then consume. We have gluten free bread available; indicate to the pastor/vicar if that is your preference.
- *Wine/Juice*: the assistant will then offer a tray of individual glasses (juice in the center ring). The acolyte will follow with a tray for empty glasses. Also, you may skip the wine altogether trusting that Christ is fully present in the bread.
- Children and adults who do not yet commune are welcome to come to the altar for a blessing.
- If walking is difficult for you, please inform an usher, then stay in your pew and the pastor will come to you.

SHARING THE LORD'S SUPPER

The congregation is invited to stand

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy ...

we praise your name and join their unending hymn:

Holy, Holy, Holy

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, heav - en and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

Eucharistic Prayer

Lord's Prayer

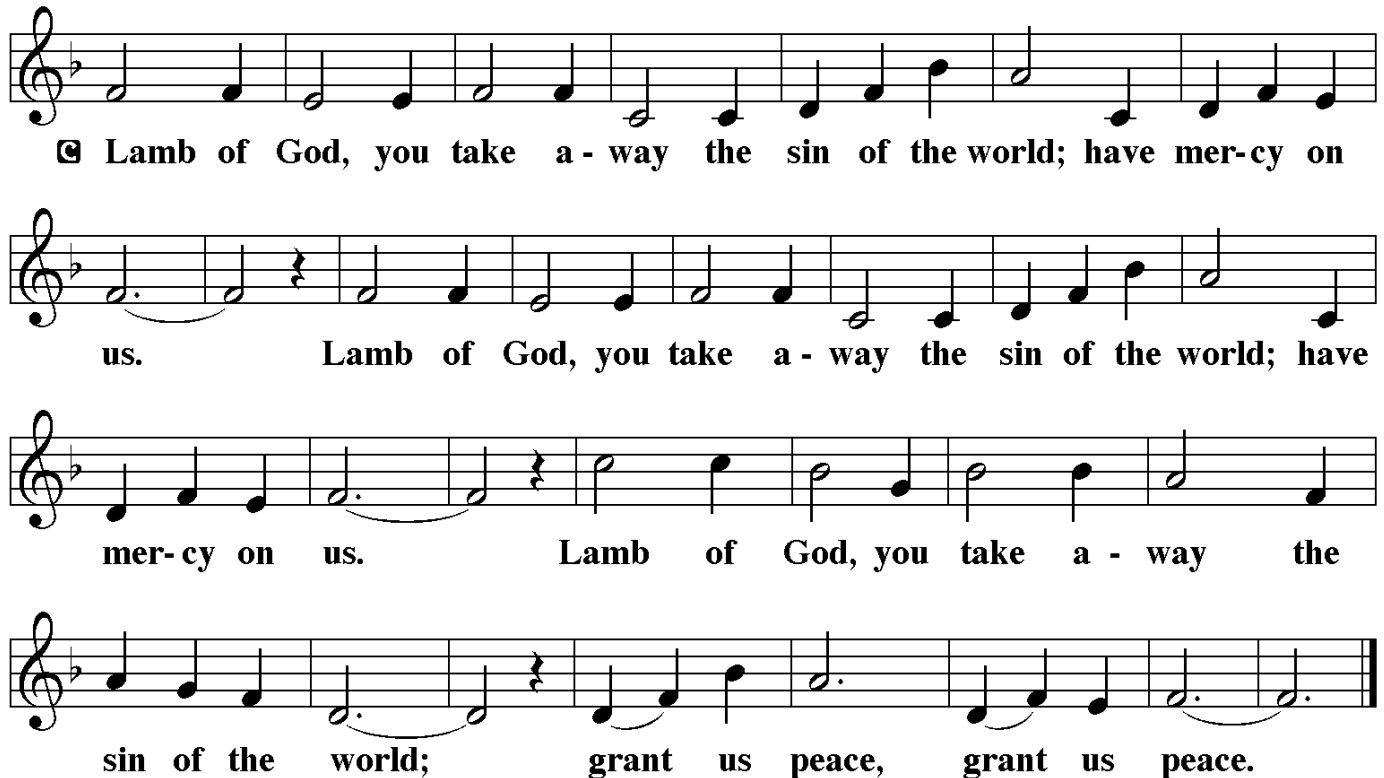
Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen

The gifts of God for the people of God.

Thanks be to God.

The congregation is seated

Lamb of God



☐ Lamb of God, you take a - way the sin of the world; have mer-cy on

us. Lamb of God, you take a - way the sin of the world; have

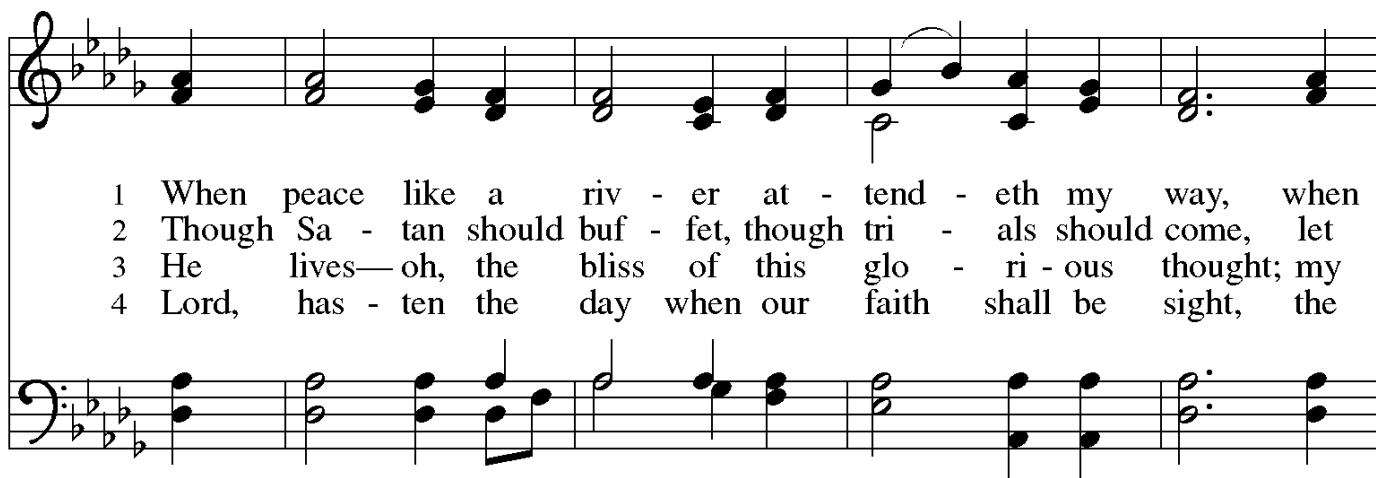
mer-cy on us. Lamb of God, you take a - way the

sin of the world; grant us peace, grant us peace.

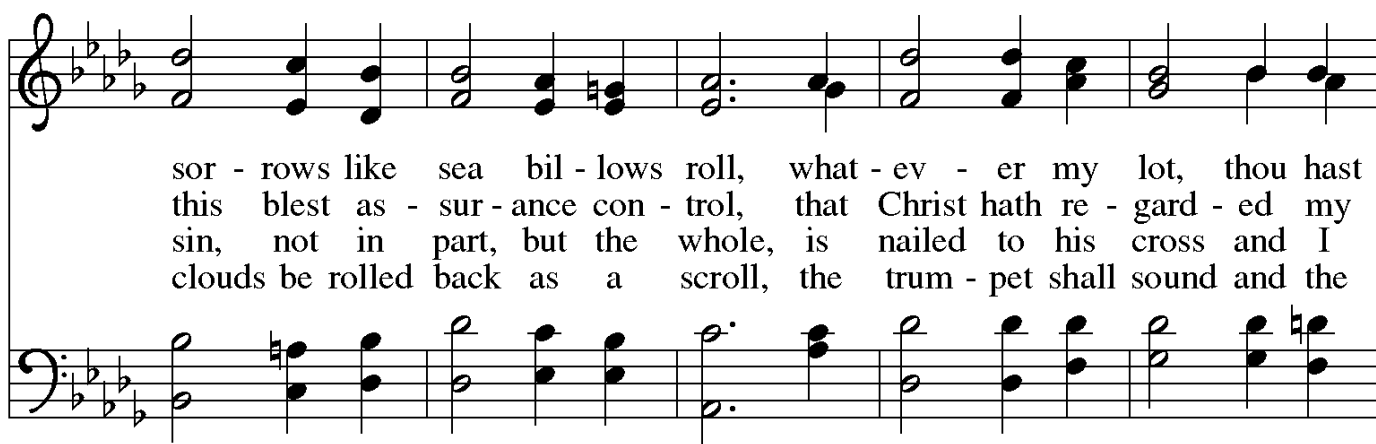
Distribution of Communion

Communion Hymns:

"When Peace like a River"



1 When peace like a riv - er at - tend - eth my way, when
 2 Though Sa - tan should buf - fet, though tri - als should come, let
 3 He lives—oh, the bliss of this glo - ri - ous thought; my
 4 Lord, has - ten the day when our faith shall be sight, the



sor - rows like sea bil - lows roll, what - ev - er my lot, thou hast
 this blest as - sur - ance con - trol, that Christ hath re - gard - ed my
 sin, not in part, but the whole, is nailed to his cross and I
 clouds be rolled back as a scroll, the trum - pet shall sound and the



taught me to say, it is well, it is well with my soul.
 help - less es - tate, and hath shed his own blood for my soul.
 bear it no more. Praise the Lord, praise the Lord, O my soul!
 Lord shall de - scend; e - ven so it is well with my soul.

Refrain



It is well with my soul, it is well, it is well with my soul.
 It is well with my soul,

"Nothing Can Trouble/Nada te turbe"

Na - da te tur - be, na - da te es - pan - te.
Noth - ing can trou - ble, noth - ing can fright - en.

The first system of music consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. The melody is written in a simple, homophonic style with quarter and eighth notes. The lyrics are written below the staves, aligned with the notes.

Quien a Dios tie - ne na - da le fal - ta. Na - da te tur - be,
Those who seek God shall nev - er go want - ing. Noth - ing can trou - ble,

The second system of music continues the melody. It features a key signature change to one sharp (F#) in the lower staff, indicated by a sharp sign on the F line. The lyrics are written below the staves, aligned with the notes.

na - da te es - pan - te. So - lo Dios bas - ta.
noth - ing can fright - en. God a - lone fills us.

The third system of music concludes the piece. It features a final key signature change to one sharp (F#) in the upper staff, indicated by a sharp sign on the F line. The lyrics are written below the staves, aligned with the notes.

The congregation is invited to stand

Post-Communion Prayer

Compassionate God, through the gifts of bread and wine
our hearts are filled with the abundance of your love.
Strengthen us that we, through this holy meal,
may share your love freely, as you have shared with us.
We ask this in the name of Jesus,
through the Spirit nourishing us now and forever.
Amen.

Copyright Information

Liturgical Music from Evangelical Lutheran Worship ©2006 Evangelical Lutheran Church in America. Reprinted and Livestreamed by permission under Augsburg Fortress Liturgies Annual License #SB147106.

Worship Texts: Copyright © 2025 Augsburg Fortress. All rights reserved. Reprinted and Livestreamed by permission under Augsburg Fortress Liturgies Annual License #SB147106.

Scripture: New Revised Standard Version Updated Edition, Copyright © 2021, National Council of Churches of Christ in the United States of America. Used by permission. All rights reserved worldwide.

Hymns as below. Reprinted and Livestreamed with permission under OneLicense.net License Number: A-709997 or CCLI License #20823990. All rights reserved.

"Calm to the Waves"

Text: Mary Louise Bringle b. 1953 © 2002 GIA Publications, Inc.

Music: Thomas Pavlechko, b 1962 © 2002 Selah Publishing Co., Inc.

"My Life Flows on In Endless Song"

Text and music: Robert Lowry, 1826-1899

"When Peace like a River"

Text: Horatio G. Spafford, 1828-1888

Music: Philipp P. Bliss, 1838-1876

"Nothing Can Trouble/Nada te turbe"

Text: Teresa of Avila, 1515-1582; adapt. Taize Community

Music: Jacques Berthier, 1923-1994

Text and music © 1986, 1991 Ateliers et Presses de Taize, admin. GIA Publications, Inc.

"Here on Jesus Christ I Will Stand"

Text: Kenyan hymn; adapt Greg Scheer b. 1966 © 2007 East African Annual Conference, admin. General Board of Global Ministries, GBGMusik

Music: Kenyan melody; adapt. Greg Scheer

English adapt. and arr. © 2007 Greg Scheer; admin. General Board of Global Ministries, GBGMusik

SENDING

Benediction

Sending Hymn: "Here on Jesus Christ I Will Stand"

Refrain

Kwa - ke *Ye - su* *na - si - ma -* *ma,* *ndi - ye*
 Here on Je - sus Christ I will stand. He's the

mwam - ba *ni* *sa - la -* *ma.* *Ndi - ye* *mwam - ba* *ni* *sa - la -*
 sol - id rock of my life. He's the sol - id rock of my

ma, *ndi - ye* *mwam - ba* *ni* *sa - la -* *ma.*
 life. He's the sol - id rock of my life.

1 There's no oth - er place I can hide till the
 2 It is not the work of my hands that has
 3 When my days on this earth are done, and I

storm that rag - es sub - sides. My voice cries to God from the
washed a - way all my sins. I'm re - deemed, and all of my
stand at God's ho - ly throne, my heart will not have an - y

Refrain

flood, and I'm saved be - cause of his blood.
days, Je - sus Christ will be my heart's praise.
fear; in Christ's righ - teous - ness I am here.

Dismissal

Go in peace. Christ is with you.
Thanks be to God.

Postlude

Announcements

This morning please welcome Rafaela Radcke who is leading worship while Pastor Maehl is away on vacation.

Can you help take care of our Blessing Box? We could use help checking the sidewalk box—refilling it with items from the Pearson Room and occasionally emptying out some items. You can find a sign up in our This Week email. Thank you!

WFCF Farm shares—Pick up help *still needed!* We are now picking up fresh produce from Waltham Fields Community Farm! And we still need folks to sign up to take part in our produce pick up days at the Mobile Outreach Market between 4:30 and 6:00 pm on Tuesdays at First Parish in Waltham. Sign up with the link in our "This Week" email.

Church Gardens Watering Help Needed: Cynthia will be away August 17-21, and 28-30 and needs your help caring for the church garden while she is gone. Watering takes about an hour. Sign up using the link in the "This Week" email or talk to Cynthia after worship.

Lawn Care help needed: Can you help mow the church lawn this summer? Sign up in the Pearson Room. We provide the lawn mower and gas, and someone from the Property Team would be happy to show you what is needed. All help is welcome—just once—or repeatedly through the summer!

Coffee Hosts Needed! Can you help foster community by hosting coffee? Sign up in the Pearson Room or by using the link in the This Week email. First time hosting? We're happy to provide instruction.



First Lutheran's Welcome Statement

Walking together in God's love, we rejoice in the diversity of God's wonderfully made children. We celebrate lesbian, gay, bisexual, transgender, queer, intersex, asexual, and non-binary people and all members of our human family regardless of sexual orientation, gender identity and expression, race, ethnicity, age, marital status, physical and mental ability, faith history, economic status, education, family configuration, or immigration status. We renounce the sin of racism and all forms of discrimination. We welcome all to join us in worship, leadership, participation in rites and sacraments of the church, and fellowship on our journey of nurturing faith, doing justice, and serving all.